

ECOLOGIES OF THE  
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MATTER, MIND & BODY



Volume 2

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## 23. Female-headed Households in Kerala

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### Introduction

The household is regarded as the fundamental social and economic unit of the society. During the last fifteen years we have made considerable progress in identifying the various forms of household compositions. Due to the introduction of Globalization, liberalization, and urbanization, We have moved gradually from a single form of family (joint family) to two forms (nuclear family) and then to a multiplicity of forms. The content of life (husband wife parent and the child relationship) in every household includes the interaction between the members of the household, their sentiments, their emotions, their pleasures and pains, tensions and conflicts etc. These interactions are guided by norms and values attached to position and roles of the members. In this regard every member of the household is important. But every role and relationship in the family, as well as its composition undergoes transformation in the developmental process.

The community that is the subject of this study is constituted of those women who earn the bulk of the family income and takes all the responsibilities of that family, widows, deserted and divorced women, and women who are separated from their husbands from long stretches of time due to migration and are virtually the heads of the households.

In this study I explore the factors that led to the creation of female headed households in Kerala and also identifying the problems and economic survival of the women to whom the Indian society and data system provide only very sketchy information.

The household is regarded as the fundamental social and economic unit of the society. Households headed by women have become more significant phenomenon worldwide in the last half of the 20th and beginning of 21<sup>st</sup> century. In many countries in the third world like Asian or Latin American countries, in the recent years, there has been a significant increase in the percentage of female headed households (FHH).

It is an important fact that female headed households are rising in number and proportion in most developing regions, currently constituting an estimated 13% of all households in the middle east and north africa, 16% in Asia, 22% in sub-Saharan Africa, and 24% in Latin America. In developing countries majority of households that are headed by women have many economic