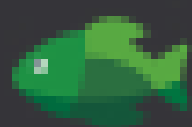


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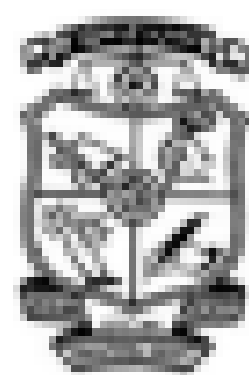
**Ansar E. B., Dhanya P. R., Jisha K. C., Kesavan K.
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NCIATRI²⁰²³ **ABSTRACTS**

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First Edition: May 2023

ISBN: 978-93-5813-509-1

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Published by:

MES Asmabi College, P. Vembalūr, Kodungalūr, Kerala, India.

PIN: 680671

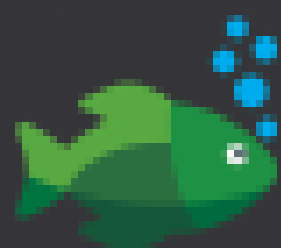
Price: ₹300/-

Date of publication: 25 May 2023

Design & layout: Anesh C. S., Maker Design Studio, Mathilakam, Kerala, India.

NCIATRI ABSTRACTS 2023

Editors: Ansar E. B., Dhanya P. R., Jisha K. C.,
Kesavan K., Lathif Penath,
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Sheena P. A.



Published by:
MES Asmabi College

Govt. Aided, Affiliated to University of Calicut, Recognized by UGC,
Minority Institution Certified by National Minority Education Commission,
Re-accredited by NAAC with B++ grade
P. Vemballur P.O., Kodungallur, Thrissur Dist., Kerala, Pin - 680 671,
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MRP : ₹300/-
ISBN: 978-93-5813-509-1

Contents

Sl. No.	Title & Authors	Page No.
12	Isolation and Identification of <i>Vibrio</i> Species from Selected Beaches of Calicut District <i>Jumaira E. P.</i>	12
13	Breeding Standardization, Conservation & Biological Disease Control Of <i>Eetroplus suratensis</i> <i>Muhammed Bin Farooq</i>	13
14	Fish Consumption Pattern in Thrissur District <i>Neely T. G., Sandra S Nair, Anusree M. P., Gopika K. S., Ruksana, Krishnanand T. D. & Dhanya Pulikkottil Rajan</i>	14
15	Habitat Variation and Diversity of Zooplankton in Ponnani Waterbodies with Special Reference to Water Quality <i>Raseena Thasni C. M.* & Rinshi Balu</i>	15
16	Nutritional Enhancement of Edible Oils Using Crustacean Shell Waste <i>Sayana K. A.* & Sumayya K. S.</i>	16
17	Status of Needle Fish Landing and Length Size Range of <i>Tylosurus acus melanotous</i> From Androth Island Lakshadweep <i>Shahul Hameed P. V. P.* & Ranjeet K.</i>	17
18	Study on Gut Content of Lunar Tailed Big Eye (<i>Priacanthus hamrur</i>) <i>Shameem Ayyappankan dathil*, Amrutha Sivadas & Kesavan K.</i>	18
19	Chemical & Physical Food Safety Hazards in Aquaculture Farms: A Study in Kodungallur Area in Thrissur District <i>Sreelakshmi T. P.</i>	19
20	Influence of Chilled Storage on the Biochemical, Sensory and Microbial Quality of Frigate Tuna (<i>Auxis thazard</i>) Meat. <i>Sugaina Sulaiman M. S.</i>	20
21	Assessment of Mosquito Vector Diversity Across Habitats in the Thiruragadi Municipal Area <i>Sumana P.* & Shameema Kodasseri</i>	21
22	Diversity of Coral Reef Fishes of Amini Island of Lakshadweep Archipelago <i>Thayyiba P.* & Bijoy C.</i>	22
23	Growth Performance Study of <i>Anabas Testudineus</i> by Utilization of Prawn Shell Waste as a Potential Fish Feed Ingredient <i>Ujjwala Navas</i>	23
24	Marketing Margin and Price Spread of Ornamental Fishes in Selected Districts in Kerala <i>Vaishna P. U.</i>	24
25	Freshwater Fish Diversity in Bharathapuzha River, Kerala <i>Ujjwala Navas</i>	25

Fish Consumption Pattern in Thrissur District

Neely T. G.*, Sandra S Nair, Anusree M. P., Gopika K. S., Ruksana,
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Kerala is one of the important marine fish producing and consuming state in India. Fishes are generally considered as cheap sources of protein and good quality nutrition for human consumption. The paper presents a brief account of abundance of fish consumption among different people. The result particularly highlights the monthly expense spent for fish consumption by people in Thrissur District. It is observed that sardine, mackerel and prawn are mostly consumed fishes. It is noted that mackerel (*Rastrelliger kanagurta*) is the most favoured fish by the population in Thrissur District. Per head consumption pattern of fish was greater for the lower class followed by the middle and upper class.

KEYWORDS: Fish, Consumption, Monthly Expense, Mackerel, Cheap Source.