



On the 7th of March 2025, MES Asmabi College, P Vemballur successfully hosted an enriching interaction session on Women Empowerment. The event was organized by the Siampre College Union in collaboration with the Women Cell, aiming to foster awareness and inspire students towards gender equality and empowerment. The session commenced at 10 AM in the New Seminar Hall, with a notable panel of esteemed speakers and distinguished guests present to engage with the audience.

The session was inaugurated by Dr. Reena Mohammed, Principal MES Asmabi College, who delivered an insightful address emphasizing the importance of women's participation in leadership, education, and social empowerment. Dr. Reena's opening remarks highlighted the progress made in gender equality and underscored the need for continued efforts to ensure women have equal opportunities. Following the inaugural address, the panel discussion featured an esteemed group of experts, including Dr. Sanand Sadanand (Dpt of Political Science) Dr. Dhanya K(Dpt of Economics) and Mr. Lathif Penath (Dpt of Psychology). Each

speaker shared valuable insights on subjects like **The Role of Women in Movies, Society and Women** and **Social Media and Women** respectively.

The interaction session concluded with an engaging dialogue between the students and the panel members. Students posed thoughtful questions, sparking meaningful conversations on topics such as workplace equality, overcoming societal barriers, and fostering self-confidence. The event successfully inspired attendees to become advocates for gender equality and encouraged the students to actively participate in empowering themselves and others. The collective efforts of the Siampre College Union and Women Cell, along with the dynamic contributions of the speakers, made the session a resounding success.

