

## Report on the Orientation and Distribution of Biodegradable Sanitary Napkins

Organized by: Women Development Cell (WDC), MES Asmabi College

Date: November 4, 2024

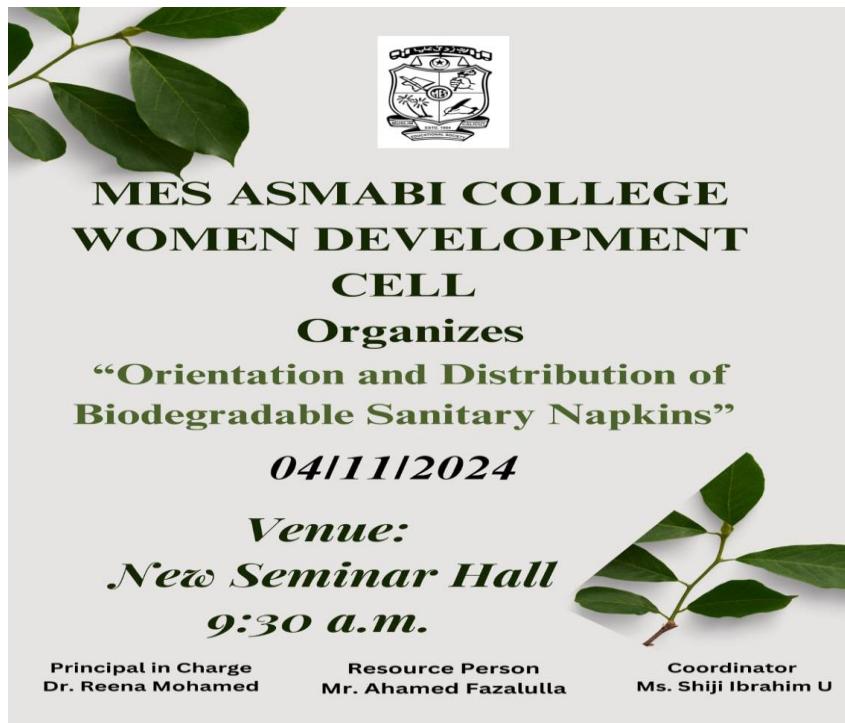
Time: 9:30 AM

Venue: New Seminar Hall

Principal in Charge: Dr. Reena Mohamed

Resource Person: Mr. Ahamed Fazalulla

Coordinator: Ms. Shiji Ibrahim U



On November 4, 2024, the Women Development Cell (WDC) of MES Asmabi College organized a program on "Orientation and Distribution of Biodegradable Sanitary Napkins" at the New Seminar Hall. This initiative aimed to raise awareness on sustainable menstrual hygiene practices and to encourage the use of eco-friendly sanitary products.

### Objective of the Program:

The primary goal of the program was to educate the female students and staff on the benefits of using biodegradable sanitary napkins. These eco-friendly alternatives to conventional products help reduce environmental impact by minimizing non-biodegradable waste, which takes hundreds of years to decompose.

### Key Highlights:

1. Orientation Session: The session began with an orientation led by Mr. Ahamed Fazalulla, an expert in sustainable hygiene products. He discussed the environmental issues associated with traditional sanitary products and emphasized the benefits of switching to biodegradable options.

2. Benefits of Biodegradable Sanitary Napkins: Mr. Fazalulla provided an overview of how biodegradable napkins decompose faster and have a lower environmental footprint. He also explained the importance of menstrual hygiene management and how eco-friendly products contribute to a healthier planet.
3. Distribution of Sanitary Napkins: After the orientation, the Women Development Cell distributed biodegradable sanitary napkins to the attendees. The initiative was well-received by students and staff alike, as it provided them with practical tools to make eco-conscious choices.
4. Interactive Q&A Session: The program concluded with a Q&A session, where participants shared their queries and concerns. Mr. Fazalulla addressed various questions on menstrual hygiene, the usage of biodegradable products, and the availability of such products in the market.

The *Orientation and Distribution of Biodegradable Sanitary Napkins* was a successful event that not only informed participants about sustainable menstrual hygiene practices but also empowered them to make environmentally friendly choices. The WDC extends its gratitude to Mr. Ahamed Fazalulla for his informative session and to Dr. Reena Mohamed for her support in facilitating this meaningful program. The WDC looks forward to organizing more initiatives that promote health, sustainability, and empowerment within the college community.



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