

MES Asmabi College, P Vemballur
Research Department of English

Students of I BA English along with teachers Dr Amitha P Mani and Ms Reshma T M visited Santhwanan Care Home, Kechery on 12th December 2024. College bus was used for conveyance. The team reached the care home at 11 am and spend almost three hours there. The inmates of Santhwanam interacted with the students and teachers, sang songs. The students also did various performances. The visit had a deeply enriching experience for the students, benefiting both the students and the elderly residents.

Students gained insights into the lives, experiences, and wisdom of older generations, thereby developing empathy and understanding. By engaging with elderly individuals, the students could dismantle the stereotypes often associated with aging and the elderly. They learned how to be more patient, compassionate, and attentive in conversations, which improved their emotional intelligence. The students donated an amount of 5000/- to the care home. They felt a sense of fulfilment and purpose by helping others, which positively impacted their own mental well-being. The students gave good feedback about the visit. Spending time with elderly individuals encouraged them to reflect on their own lives, helping them appreciate their youth and think about the future.





