

Medical Check-up Camp Report

Programme Title: NSS Special Camping Programme - Medical Check-up Camp

Venue: Seethi Sahib Memorial High School, Azhikode

Organized By: NSS Units 53 & 95, MES Asmabi College, in collaboration with IMA Kodungallur

Date: 25th December 2024

Time: 11:15 AM to 1:30 PM

As part of the NSS Special Camping Programme, a **Medical Check-up Camp** was conducted at Seethi Sahib Memorial High School, Azhikode. The camp provided free health check-ups for the local community, with a focus on screening for critical health parameters to promote early detection and prevention of lifestyle diseases.

Details of the Camp

- **Tests Conducted:**

- Blood Pressure (BP) monitoring.
- Blood Sugar level testing.
- Lipid Profile testing for cholesterol levels.

- **Target Participants:**

The camp catered to residents of the nearby community, particularly elderly individuals

Doctors Involved:

- **Dr. Nadeera Banu Salim** (Diabetologist & Food Specialist) supervised the tests and provided dietary advice based on results.
- **Dr. Suresh** (MBBS) offered consultations and discussed follow-up care for those with abnormal readings.

The Medical Check-up Camp was a great success, addressing key health issues prevalent among the community. Many attendees expressed their gratitude for the opportunity to receive free and professional health services at their doorstep. The session also motivated participants to prioritize regular health monitoring and adopt healthier lifestyles. This initiative reflected the core values of NSS by providing meaningful service to the community and raising awareness about health and wellness.



MES ASMABI COLLEGE

NSS UNIT 53 & 95



NSS SPECIAL CAMPING PROGRAMME

IMA KODUNGALLUR

**MEDICAL
CHECKUP CAMP**

Inauguration

Sri. Pradeep Kumar M S

(PTA vice president)

Doctors

Dr. Nadeera Banu Salim

(Diabatologist & Food specialist)

Dr. Suresh MBBS

**25 DECEMBER
2024**

10 AM





