## MES ASMABI COLLEGE P.VEMBALLUR, INTERNATIONAL YOGA DAY 21-06-2024 NSS UNIT 53&95

NSS units 53 and 93 of Asmabi College, P. Vemballor, observed International Yoga Day on June 21. NCC Cadets were given yoga training on the occasion. NSS Program Officer Dr. Safiya welcomed and conveyed the significance and benefits of practicing yoga, during the ceremony. NCC cadets Sandhra Santhosh, Akhila P. S., Sahal Muhammed, and Adithya Krishna led the training session. After the session, NSS volunteer Ranthisy delivered the vote of thanks.







