



**DEPARTMENT OF BOTANY  
MES ASMABI COLLEGE, P. VEMBALLUR**

**SOFT SKILL ORIENTATION PROGRAMME**

**Highlights:**

Date and Time: 17/10/2023, 10 am to 3.30 pm

Venue: Seminar hall

Agenda: Soft skill orientation programme

Attendees: UG and PG Students (Total number of participants: 36)

Resource Person: Lathif Penath (Assistant professor (HOD), Dept. of Psychology, M.E.S Asmabi college, P.Vemballur, Kodungallur)

**Programme Objectives:**

- **Skill Enhancement:** To enhance participants' soft skills such as communication, teamwork, leadership, time management, and problem-solving.
- **Awareness:** To create awareness among participants about the importance of soft skills in career growth and personal effectiveness.
- **Application:** To enable participants to apply learned skills in real-life scenarios to improve productivity and interpersonal relationships.

**Report of the Programme:**

The programme began with the prayer. Dr. Girija TP, HOD welcomed the participants. The resource person for the orientation programme was Lathif Penath, Assistant Professor, Department of Psychology, MES Asmabi College, P. Vemballur. He created awareness among participants about the importance of soft skills in career growth and personal effectiveness. Being a renowned Psychologist, the resource person delivered a wonderful talk about the soft skills such as communication, teamwork, leadership, time management, and problem-solving.

Following the formal speeches group activities are carried out. These collaborative tasks designed to foster teamwork, leadership skills, and effective communication among participants. The programme helped the students to increased confidence in handling interpersonal interactions and challenging situations, both at work and in personal life. Many participants found the content highly relevant and applicable to their daily professional lives. The interactive nature of workshops and exercises was praised for its effectiveness in learning and retention.



*Brochure of the Programme*



*Photograph of the Programme*

List of Participants

SI No	Name of Participants	Class	Signature
1	ASWINI GUPTA	I MSc Botany	<i>Aswini</i>
2	SHIBILA SHERIN	I MSc Botany	<i>Shibila</i>
3	MALAVIKA M NAIR	I MSc Botany	<i>Malika</i>
4	AYISHA HENNA PP	I MSc Botany	<i>Ayisha</i>
5	JUBNA K M	II BSc Botany	<i>Fathima</i>
6	FATHIMA	II BSc Botany	<i>Fathima</i>
7	FATHIMA AFRIN P S	II BSc Botany	<i>Afrin</i>
8	HASNA PA	II BSc Botany	<i>Hasna</i>
9	NEZRIN MN	II BSc Botany	<i>Nezrin</i>
10	SHIFA MOL T A	II BSc Botany	<i>Shufamal</i>
11	HIMA EP	II MSc Botany	<i>Hima</i>
12	SRUTHI K	II MSc Botany	<i>Sruthi</i>
13	SWATHI RK	II MSc Botany	<i>Swathi</i>
14	HADHIYA AP	II MSc Botany	<i>Hadhiya</i>
15	MUBEENA P M	II BSc Botany	<i>Mubeena</i>
16	SITHARA PARVIN	II BSc Botany	<i>Abhil</i>
17	ABDUL NISAM V R	II BSc Botany	<i>Nizam</i>
18	ADITH E U	II BSc Botany	<i>Adith</i>
19	AKHILDAS V M	II BSc Botany	<i>Akhil</i>
20	GOKUL R	II BSc Botany	<i>Gokul</i>
21	MISBAHUL HAQ K M	II BSc Botany	<i>Misbahul</i>
22	RINOY R	II BSc Botany	<i>Rino</i>
23	HARITHA TM	II MSc Botany	<i>Haritha</i>
24	ANUSREE TK	II MSc Botany	<i>Anusree</i>
25	ATHULYA OM	II MSc Botany	<i>Athulya</i>
26	NANDHANADAS K	II MSc Botany	<i>Nandhanada</i>
27	SUMAYYA KJ	II MSc Botany	<i>Sumayya</i>
28	FATHIMATH RISHA	II MSc Botany	<i>Fathimath</i>
29	AFRAH M	II BSc Botany	<i>Afra</i>
30	AMEENA K B	II BSc Botany	<i>Ameena</i>
31	FATHIMA P B	II BSc Botany	<i>Fathim</i>
32	HADHIYA U A	II BSc Botany	<i>Hadhiya</i>
33	SREE DAKSHINA DILEEP	II BSc Botany	<i>Sree Daksh</i>
34	AISWARYA T V	II BSc Botany	<i>Aiswarya</i>
35	ASHITHA C A	II BSc Botany	<i>Ashitha</i>
36	FATHIMA NASREEN	II BSc Botany	<i>Nasreen</i>



*Co-ordinator*

Head of Department  
Research & PG Dept. of Botany  
M.E.S. Asmabi College  
P. Vemballur, Thrissur Dt.  
Kerala - 680 671

*For* *Reenam*  
PRINCIPAL  
M.E.S. ASMABI COLLEGE,  
P.O.P. VEMBALLUR,  
KODUNGALLUR - 680 671