

## DEPARTMENT OF BOTANY

Webinar on Medicinal Plants and Health care in the month of Karkkitakam

**Title of the Program** : Webinar on Medicinal Plants and Ayurvedic Remedies  
**Name of the Coordinator** : Dr. Girija T P  
**Organizing Department/Cell** : Department of Botany  
**Number of Participants** : 75 participants  
**Resource Person/s** : Dr. Jayanthi A, Principal Scientific Officer, Pharmacognosy, Pharmacopoeia Commission for Indian Medicine & Homoeopathy, Ministry of AYUSH, Govt. of India

### **Program Objectives:**

The objective of the program was to educate participants about the importance of medicinal plants, Ayurvedic remedies, and traditional healing practices. The webinar aimed to disseminate knowledge related to the therapeutic uses of plants and traditional treatments, particularly focusing on Karkkidaka Chikitsa (treatments in the month of Karkkidaka).

### **Program Participants:**

The webinar was attended by teachers, research scholars, PG & UG students, and individuals interested in traditional medicine and herbal remedies.

### **Report of the Programme:**

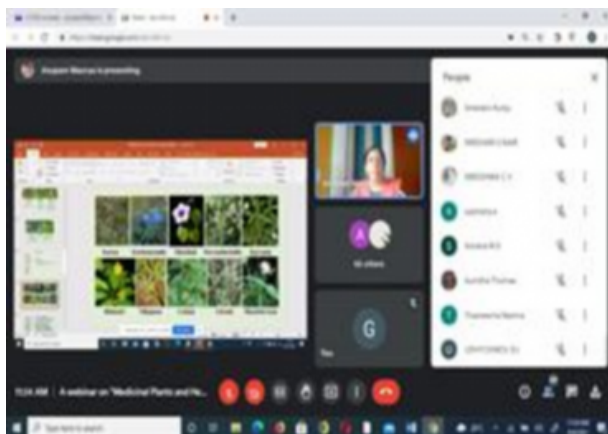
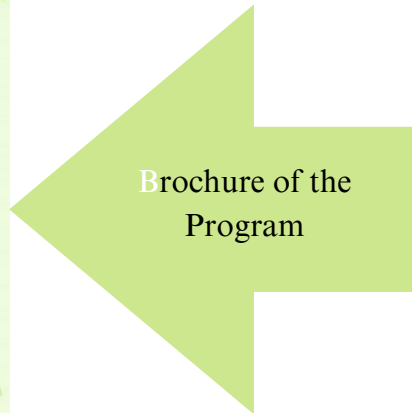
The webinar on Medicinal Plants and Ayurvedic Remedies was conducted as an informative session, featuring Dr. Jayanthi A, Principal Scientific Officer from the Pharmacognosy department of the Pharmacopoeia Commission for Indian Medicine & Homoeopathy, Ministry of AYUSH, Govt. of India. Dr. Jayanthi A delivered a comprehensive keynote address during the event. She covered various topics including the importance of medicinal plants, insights related to Karkkidaka Chikitsa, details about the ingredients of Dasamoola, and discussions on flowers related to Dsapushpa. Additionally, the session highlighted ten leafy vegetables significant in the month of Karkkidaka.

### **Program Outcomes:**

The webinar successfully disseminated knowledge about the medicinal properties of plants and traditional Ayurvedic practices. Participants gained valuable insights into the therapeutic applications of natural resources, enhancing their understanding of traditional healing methods. The event promoted awareness about the rich heritage of herbal remedies in Ayurveda and encouraged participants to explore the benefits of natural medicine.

### **Feedback and Evaluation:**

Participants provided positive feedback, expressing appreciation for the informative content and the expertise shared by Dr. Jayanthi A. Attendees found the session enlightening and valuable, with several participants indicating interest in further exploring the topics discussed. The provision of e-certificates added to the overall positive experience of the participants.

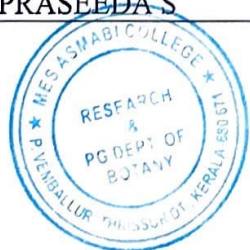



Screenshot of the webinar on Medicinal Plants and Health care in the month of Karkkitakam

## Webinar on Medicinal Plants and Health care in the month of Karkkitakam

### List of Participants

SL.No	Name	Class
1	ABUTHAHIR K N	I B.Sc Botany
2	ADITHYA RAJITH	I B.Sc Botany
3	ASHA JOHN	I B.Sc Botany
4	ASIFA K	I B.Sc Botany
5	FATHIMA MISRI	I B.Sc Botany
6	FATHIMA NASRIN K N	I B.Sc Botany
7	FITHA T M	I B.Sc Botany
8	GOKULKRISHNA P P	I B.Sc Botany
9	IRFANA PARVIN C A	I B.Sc Botany
10	NASWIF KP	I B.Sc Botany
11	NAZIHA SHALI	I B.Sc Botany
12	NIHALA C N	I B.Sc Botany
13	RAINA T S	I B.Sc Botany
14	RAISA BEEMA	I B.Sc Botany
15	RISVANA P S	I B.Sc Botany
16	ASHFAK AHMED	II B.Sc Botany
17	MUHAMMED SAIFUL ISLAM V	II B.Sc Botany
18	ANJANA R C	II B.Sc Botany
19	NAFIYA FARSANA	II B.Sc Botany
20	RASHIDA K A	II B.Sc Botany
21	SAHALA FARSANA V S	II B.Sc Botany
22	SHIFANA ASHARAF	II B.Sc Botany
23	SINAN SEMSUTHEEN	II B.Sc Botany
24	ZALEEHA MARIYAM K A	II B.Sc Botany
25	THASNEEMA	II B.Sc Botany
26	ADITHYA T S	II B.Sc Botany
27	ANUSREE KP	II B.Sc Botany
28	DEVAPRIYA V S	II B.Sc Botany
29	HANNA P	II B.Sc Botany
30	JUMANA JAMAL K	II B.Sc Botany
31	FATHIMA SABNAM C H	III B.Sc Botany
32	HASEENA K H	III B.Sc Botany
33	MEHJA N M	III B.Sc Botany
34	MOHAMMED ZIDAN V.P	III B.Sc Botany
35	AKHILDAS K M	III B.Sc Botany
36	ARCHA V A	III B.Sc Botany
37	BHAVYA MOHAN M	III B.Sc Botany
38	KAVYA SHRI I S	III B.Sc Botany
39	NAIZAM K S	III B.Sc Botany
40	NAVAMI P S	III B.Sc Botany
41	PRASEEDA S	III B.Sc Botany



Dr. GIRIJA. T. P.   
Assistant Professor & Research Guide  
Research & P.G Department of Botany  
MES Asmabi College, P.Vemballur  
Kodungallur, Thrissur-680671, Kerala-India

42	RAMSEENA K A	III B.Sc Botany
43	SAHALA THASNIM M S	III B.Sc Botany
44	SUBHISHA K	III B.Sc Botany
45	SUMAYYA K J	III B.Sc Botany
46	AFITHA TH	I M.Sc Botany
47	APARNA PUSHPAN	I M.Sc Botany
48	ARYA DEVADAS	I M.Sc Botany
49	ARYA SATHYAN	I M.Sc Botany
50	BAIJU KS	I M.Sc Botany
51	HADIYA EA	I M.Sc Botany
52	LEKHA KR	I M.Sc Botany
53	NIKITHA NS	I M.Sc Botany
54	PADMAJA VEENA V	I M.Sc Botany
55	RAIHANATH PB	I M.Sc Botany
56	ADHEENA A S	II M.Sc Botany
57	ADITHYA ANAND	II M.Sc Botany
58	AHLA SHANAVAS	II M.Sc Botany
59	AHSANA FATHIMA K N	II M.Sc Botany
60	AKHIL RAJ	II M.Sc Botany
61	ALISHA SUHAIL	II M.Sc Botany
62	ARDRA PRADEEP	II M.Sc Botany
63	GREESHMA K C	II M.Sc Botany
64	ISHRATH SABAH C	II M.Sc Botany
65	MUFEEDA THASNI.AC	II M.Sc Botany
66	SREEHARI S. NAIR	Research Scholar
67	SABIN PQ	Research Scholar
68	ATHIRA TR	Research Scholar
69	SUMITHA THOMAS	Research Scholar
70	BHAVYASREE PS	Research Scholar
71	POOJA SURESH	Research Scholar
72	GAUTHAMI V	Research Scholar
73	DEVIKRISHNA CS	Research Scholar
74	VINU THOMAS	Research Scholar
75	ARUN T. RAM	Research Scholar



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