

DEPARTMENT OF LOGISTIC MANAGEMENT

Life Skills Training Program

Title of the Program	: Life Skills Training Programme
Name of the Coordinator	: Dr. K P Sumendran (Director of self-financing courses)
Organizing Department	: Department of Logistic Management
Date of the Programme	: 1st August 2022
Number of Participants	: 112
Resource Person/s	: Mr. Rajesh Subramanian (Life Skills Trainer, Educational Activist, Inspirational Speaker)

Program Objectives:

The program aimed to promote confidence and well-being in young people and to impart communication life skills that facilitate better interaction with the outside world and improved relationships with family and friends.

Program Participants:

112 Students and faculty members

Report of the Programme:

The Life Skills Training Programme was held at the seminar hall on 1st August 2022. The program aimed to enhance the confidence and well-being of young individuals by providing essential life skills, particularly communication skills, to help them connect effectively with the world and foster better relationships with family and friends.

Dr. Reena Mohammed, Vice-Principal of MES Asmabi College, inaugurated the function. The resource person for the program was Mr. Rajesh Subramanian, a life skills trainer, educational activist, and inspirational speaker. A total of 112 participants attended, including 109 students and 3 faculty members.

Program Outcomes:

The session helped to improve communication skills and to enhance confidence and well-being among students. It also helped them to understand the importance of maintaining better relationships with family and friends. The session empowered the young individuals with essential life skills.



MES ASMABI COLLEGE , P.VEMBALLUR
Department of Logistics Management

Organising

LIFE SKILLS TRAINING PROGRAMME

VENUE : SEMINAR HALL
1-AUGUST 2022 - MONDAY
10.30AM

**RAJESH SUBRAMANIAN**
(Life skills trainer, educational activist, inspirational speaker)

SOURCE PERSON


Life Skills

A Biju
Principal

Dr. K P Sumedhan
(Director of self financing courses)

Broucher of the Program

Mr. Rajesh
Subramanian leading
the session



LIFE SKILLS TRAINING PROGRAMME

Sl No.	Name of Student	Class	Signature
1	ABHINAND RAVI	3rd B.Voc LMT	<i>[Signature]</i>
2	AHAMMED FAYIZ A F	3rd B.Voc LMT	<i>[Signature]</i>
3	AJMAL FIYAS	3rd B.Voc LMT	<i>[Signature]</i>
4	ASHAJ K S	3rd B.Voc LMT	<i>[Signature]</i>
5	ASWANI M S	3rd B.Voc LMT	<i>[Signature]</i>
6	FARHA ABDULSALAM	3rd B.Voc LMT	<i>[Signature]</i>
7	K B MUHAMMED RISWAN	3rd B.Voc LMT	<i>[Signature]</i>
8	MALIK K A	3rd B.Voc LMT	<i>[Signature]</i>
9	MOHAMMED ABDUL RAHMAN	3rd B.Voc LMT	<i>[Signature]</i>
10	NASEEB N N	3rd B.Voc LMT	<i>[Signature]</i>
11	SAFA K S	3rd B.Voc LMT	<i>[Signature]</i>
12	SULFI ASHRAF	3rd B.Voc LMT	<i>[Signature]</i>
13	ABHIJITH T U	3rd B.Voc LMT	<i>[Signature]</i>
14	AFITHA P H	3rd B.Voc LMT	<i>[Signature]</i>
15	AFSAL MON K M	3rd B.Voc LMT	<i>[Signature]</i>
16	AMAL KRISHNA	3rd B.Voc LMT	<i>[Signature]</i>
17	AMAL T K	3rd B.Voc LMT	<i>[Signature]</i>
18	AMAN THALHATH P T	3rd B.Voc LMT	<i>[Signature]</i>
19	ASLAM NAVAS P N	3rd B.Voc LMT	<i>[Signature]</i>
20	AYSHA	3rd B.Voc LMT	<i>[Signature]</i>
21	FAIHA FAISAL	3rd B.Voc LMT	<i>[Signature]</i>
22	FAIZ MUHAMMED	3rd B.Voc LMT	<i>[Signature]</i>
23	FAYAS K A	3rd B.Voc LMT	<i>[Signature]</i>
24	HASNA C N	3rd B.Voc LMT	<i>[Signature]</i>
25	JITHIN E C	3rd B.Voc LMT	<i>[Signature]</i>
26	JUBEENA SAIDU	3rd B.Voc LMT	<i>[Signature]</i>
27	MANNYA K D	3rd B.Voc LMT	<i>[Signature]</i>
28	MOHAMED AFSAL	3rd B.Voc LMT	<i>[Signature]</i>
29	MOHAMED SALIH C A	3rd B.Voc LMT	<i>[Signature]</i>
30	MOHAMED SHEHIN M A	3rd B.Voc LMT	<i>[Signature]</i>
31	MOHAMMED ADHIL C R	3rd B.Voc LMT	<i>[Signature]</i>
32	MOHAMMED FARHAN E A	3rd B.Voc LMT	<i>[Signature]</i>
33	MOHAMMED RAYYAN RASSAL	3rd B.Voc LMT	<i>[Signature]</i>
34	MUHAMMAD SAFWAN K S	3rd B.Voc LMT	<i>[Signature]</i>
35	MUHAMMED FARHAN A A	3rd B.Voc LMT	<i>[Signature]</i>
36	NASEEHA RAFI	3rd B.Voc LMT	<i>[Signature]</i>
37	NEENA T K	3rd B.Voc LMT	<i>[Signature]</i>
38	NIRANJAN K V	3rd B.Voc LMT	<i>[Signature]</i>
39	RAMSINA KN	3rd B.Voc LMT	<i>[Signature]</i>
40	RISVANA K S	3rd B.Voc LMT	<i>[Signature]</i>
41	RIYAS P S	3rd B.Voc LMT	<i>[Signature]</i>
42	SAFNA SIDDIQ	3rd B.Voc LMT	<i>[Signature]</i>
43	SAJITH P S	3rd B.Voc LMT	<i>[Signature]</i>
44	SHAHANAS V S	3rd B.Voc LMT	<i>[Signature]</i>
45	SHAMIL PERAPURATH	3rd B.Voc LMT	<i>[Signature]</i>

46	SHEMINA P A	3rd B.Voc LMT	<i>She</i>
47	SHERIN MARIA MICHEL	3rd B.Voc LMT	<i>Sherin</i>
48	SONA K	3rd B.Voc LMT	<i>Sona</i>
49	VIJAY T B	3rd B.Voc LMT	<i>Vijay T B</i>
50	ANEESA A A	2nd B.Voc LMT	<i>Aneesa</i>
51	ARYA P R	2nd B.Voc LMT	<i>Arya</i>
52	AYANA C S	2nd B.Voc LMT	<i>Ayana</i>
53	HIBA R S	2nd B.Voc LMT	<i>Hiba</i>
54	NAHALA K M	2nd B.Voc LMT	<i>Nahala</i>
55	NISANA P S	2nd B.Voc LMT	<i>Nisana</i>
56	SAMEENA P S	2nd B.Voc LMT	<i>Sameena</i>
57	SHAKKIRA	2nd B.Voc LMT	<i>Shakira</i>
58	AASHISH KRISHNA P S	2nd B.Voc LMT	<i>Aashish K</i>
59	ABHAY P A	2nd B.Voc LMT	<i>Abhay</i>
60	ADARSH K N	2nd B.Voc LMT	<i>Adarsh</i>
61	AHAD K S	2nd B.Voc LMT	<i>Ahad</i>
62	AHAMMED JASEER K T	2nd B.Voc LMT	<i>Ahammed</i>
63	ALDRIN BENNY	2nd B.Voc LMT	<i>Aldrin</i>
64	ALOKNIRANJAN M P	2nd B.Voc LMT	<i>Alokniranjana</i>
65	AMALJITH N S	2nd B.Voc LMT	<i>Amaljith</i>
66	AMAL JOY V	2nd B.Voc LMT	<i>Amal Joy</i>
67	AMAL RASIK P S	2nd B.Voc LMT	<i>Amal Rasik</i>
68	ARSHAD ROSHAN P N	2nd B.Voc LMT	<i>Arshad Roshan</i>
69	ASWIN V S	2nd B.Voc LMT	<i>Aswin</i>
70	C S AMAL	2nd B.Voc LMT	<i>C S Amal</i>
71	ELJO EBY P	2nd B.Voc LMT	<i>Eljo Eby</i>
72	KARTHIK K K	2nd B.Voc LMT	<i>Karthik</i>
73	MIDHUN K M	2nd B.Voc LMT	<i>Midhun</i>
74	MOHAMED FADIL A Y	2nd B.Voc LMT	<i>Mohamed Fadil</i>
75	MOHAMMED NASAL P N	2nd B.Voc LMT	<i>Mohammed Nasal</i>
76	MOHAMMED ROSAMSHA T M	2nd B.Voc LMT	<i>Mohammed Rosamsha</i>
77	MOHAMMED YASEEN KABEER	2nd B.Voc LMT	<i>Mohammed Yaseen</i>
78	MUHAMMED ARIF	2nd B.Voc LMT	<i>Muhammed Arif</i>
79	MUNEEB K N	2nd B.Voc LMT	<i>Muneeb</i>
80	NAVANEETH T P	2nd B.Voc LMT	<i>Navaneeth</i>
81	NAZIM AHAMMED	2nd B.Voc LMT	<i>Nazim</i>
82	NEERAJ T R	2nd B.Voc LMT	<i>Neeraj</i>
83	NIDHIL NASEER K N	2nd B.Voc LMT	<i>Nidhil</i>
84	NIHAL O M	2nd B.Voc LMT	<i>Nihal</i>
85	NIKHILESH T N	2nd B.Voc LMT	<i>Nikhilesh</i>
86	P H MOHAMED ASKER	2nd B.Voc LMT	<i>P H Mohamed Asker</i>
87	SAMSON M D	2nd B.Voc LMT	<i>Samson</i>
88	SARUN P S	2nd B.Voc LMT	<i>Sarun P S</i>
89	SHABAN K M	2nd B.Voc LMT	<i>Shaban</i>
90	SHUHAIB P S	2nd B.Voc LMT	<i>Shuhaib</i>
91	THANVEER P M	2nd B.Voc LMT	<i>Thanveer</i>
92	UMAR MUKTHAR K S	2nd B.Voc LMT	<i>Umar Mukthar</i>

93	VAISHNAV T H	2nd B.Voc LMT	Vaishnav
94	VIVEK KRISHNA SATHEESAN	2nd B.Voc LMT	Vivek Krishna
95	AYISHA SHERIN T S	1st B.Voc LMT	Ayisha
96	HANA SHEFEEQ	1st B.Voc LMT	Hana
97	MALAVIKA N T	1st B.Voc LMT	Malavika
98	ABDUL FAHAD A N	1st B.Voc LMT	Abdul Fahad
99	ANANDHU KRISHNA K U	1st B.Voc LMT	Anandhu
100	ANSIL P A	1st B.Voc LMT	Ansil
101	KRISHNARJUN I S	1st B.Voc LMT	Krishnarjun
102	MOHAMMED FAYAS K R	1st B.Voc LMT	Fayas
103	MOHAMMED SALIH K N	1st B.Voc LMT	Salih
104	MUHAMMAD SULTHAN T S	1st B.Voc LMT	Sulthana
105	MUHAMMED ANAS V.N	1st B.Voc LMT	Anas
106	NAIF NAZEER	1st B.Voc LMT	Naif Nazeez
107	S .ANAIJITH	1st B.Voc LMT	S. Anais Jith
108	SHAFAS P N	1st B.Voc LMT	Shafaz Pat
109	AISWARYA M SATHEESH	1st B.Voc LMT	Aiswarya
110	ALAKANANDA P MADHU	1st B.Voc LMT	Alakananda
111	FAJNA C T	1st B.Voc LMT	Fajna
112	FATHIMA NINSHA. M	1st B.Voc LMT	Fathima



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