

MES ASMABI COLLEGE

Report

Pre- Marital Counseling 2018-2019

MES Asmabi College under the guidance of CCMY Kodungallur organized Pre-marital counselling for its students in the four consecutive days from 2nd February. The of Pre- Marital Counseling began on 02/02/2019 in the college. After the introduction and re-assurance on the purpose of premarital counseling by the Principal of CCMY, Dr.Sulekha, the first session was led by Smt. Sabira on the topic "Introduction to Marriage" Second session was taken by Adv. Kunjumon with the topic "Husband wife relationship ".The participants' feedback reinforced the spirit of the class.



Second day 's session was led by Smt.Sereena with the topic"Physiology and Pregnancy" and next session was handled by Sri. Abdul Rahiman on "Family Budget ".The first session cleared the many doubts that they had about their body and sexuality. The second session naturally imbibed in them the necessity of frugality and so aroused their real interest.





On 4/2/19, the day 's First session was led by Smt. Munshida Kalangadan on the topic "Parenting" and the next session was led by Adv. Hack with the topic "Legal Aspects of Marriage" .Each of them handled their sessions for three hours.



On the Fourth day , the first batch was on the topic"Group Counselling"



by Smt.Hajara and the next session was led by Smt.Shifa Thangal on the topic "In-Law relation". Thus four days' premarital Counselling class came to a conclusion with the Valediction by Smt. Sakkeena , Assistant Professor , MES Asmabi College.



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