

MES ASMABI COLLEGE

P, VEMBALLUR

NAAC CRITERIA 7.1.4

SENSITIZATION TO CONSTITUTIONAL OBLIGATION

2023-2024

SL NO	DEPARTMENT	TITLE	DATE
1	NSS	Abhayam Housing Project	2023-2024
2	Commerce	Blood Donation Camp- Donate Blood & Save Life	12-06-2023
3	Commerce	signature campaign and formation of jagratha samithi	26-06-2023
4	Physical Education	Kargil Vijay Diwas	26-07-2023
5	Commerce	Blood Donation Camp	02-08-2023
6	Botany	Karkkidakamaasaacharanam 2023	08-08-2023
7	Physical Education	Children's Home Visit	15-08-2023
8	Political Science	Inter departmental Quiz competition on Gandhi	04-10-2023
9	Botany	Gandhi Jayanti Week Celebration - "Cleaning Drive"-2023	05-10-2023
10	Physical Education	Honouring Ex Cadets	14-10-2023
11	Economics / Physical Education	Thanal environmental programme	18-10-2023
12	Folklore Club	Seminar & RITUAL PERFORMANCE- NINABALI	02-11-2023
13	Commerce	Visit to Aashrayam Agathimanthiram-A compassionate journey	16-11-2023
14	Economics/ Political Science	"Indian constitution – Past and Present"	27-11-2023
15	Physical Education	NCC Raising Day	24-11-2023
16	Hindi	Ekabharatha sankalapavum,vivarthanvum (Ekbharth sreshth bahrat Prog)	10-01-2024

DESCRIPTION

Institutional efforts towards fostering an inclusive environment that embraces tolerance, harmony, and awareness of constitutional obligations are reflected through a diverse range of initiatives and activities at our institution. These efforts aim not only to educate but also to empower students and employees with a deep understanding of cultural, regional, linguistic, communal, and socioeconomic diversity, while emphasizing the values, rights, duties, and responsibilities of citizens.

Our institution's commitment to inclusivity is evident through various events and programs conducted throughout the academic year. For instance, the "Indian Constitution – Past and Present" program organized jointly by the Departments of Economics and Political Science on November 27th, 2023, exemplifies our dedication to constitutional awareness. This event provided a platform for students to delve into the historical and contemporary relevance of our constitution, fostering discussions on citizenship, rights, and duties.

Furthermore, the Inter-departmental Quiz competition on Gandhi conducted by the Department of Political Science on October 4th, 2023, encouraged students to explore Gandhian principles of non-violence, tolerance, and communal harmony. Such initiatives not only educate about cultural and moral values but also promote mutual respect and understanding among students from diverse backgrounds.

In addition to academic pursuits, our institution actively engages in community-oriented activities that promote social responsibility and sensitivity. Initiatives like the "Cleaning Drive" organized by the Departments of Botany and Commerce on October 5th, 2023, demonstrate our commitment to environmental stewardship and civic duty. These activities not only beautify our surroundings but also instill a sense of responsibility towards maintaining a clean and sustainable environment, reflecting our constitutional duty towards protecting and improving the natural environment.

Our institution's involvement in humanitarian efforts such as blood donation camps and visits to charitable organizations like Aashrayam Agathimanthiram highlights our dedication to socio-economic inclusivity and compassionate citizenship. These activities, organized by the Departments of Commerce and NSS, respectively, underscore our commitment to serving the community and addressing societal challenges through collective action.

The inclusive ethos of our institution is further exemplified by events like the "Children's Home Visit" by the Department of Physical Education on August 15th, 2023, which promotes empathy and solidarity towards underprivileged children. Similarly, commemorative events such as "Kargil Vijay Diwas" on July 26th, 2023, organized by the Department of Physical Education, honor the sacrifices of our armed forces while fostering patriotism and national unity among students.

Our institution's comprehensive approach to inclusivity and constitutional awareness is reflected in its multifaceted initiatives and activities. By promoting tolerance, harmony, and civic responsibility through academic discourse, community engagement, and humanitarian efforts, we aim to cultivate a generation of students and employees who are not only academically proficient but also socially conscious and morally upright citizens. These efforts underscore our unwavering commitment to nurturing an inclusive environment that respects diversity in all its forms and upholds the values enshrined in our constitution.

PHOTOS WITH DETAILS

Princy Francis
June 26 · 🌐



PRwing Mesac
June 26 · 🌐

കാലിക്കറ്റ് യൂണിവേഴ്സിറ്റി അഭയം ഹൗസ് പ്രൊജക്ട് 2022-23* ന്റെ ഭാഗമായി എം.ഇ. എസ് അസ്മാബി കോളേജിന്റേ എൻ.എസ്. എസ് 53 & 95 യൂണിറ്റുകളുടെ നേതൃത്വത്തിൽ *സഹപാഠികൊരു സ്വപ്നക്കൂട്* പദ്ധതിയിൽ ഉള്പ്പെടുത്തി എസ്.എൻ പുരം പഞ്ചായത്ത് നീർമ്മാണം പൂർത്തീകരിച്ച സ്വപ്ന ഭവനത്തിന്റേ താക്കോൽ ദാന ചടങ്ങ് ജൂൺ 26 2023 തിങ്കളാഴ്ച കോളേജ് ഓഡിറ്റോറിയത്തിൽ വച്ച് നടന്നു. സ്റ്റേറ്റ് എൻ.എസ്.എസ് ലൈസൻസ് ഓഫീസർ ഡോ. അൻസാർ ആർ.എൻ കോളേജ് പ്രിൻസിപ്പാൾ പ്രൊ. ഡോ. എ ബിജുവിന് താക്കോൽ കൈമാറുന്നു. ചടങ്ങിൽ കാലിക്കറ്റ് യൂണിവേർസിറ്റി എൻ.എസ് എസ് കോർഡിനേറ്റർ കാലിക്കറ്റ് യൂണിവേഴ്സിറ്റി അഭയം ഹൗസ് പ്രൊജക്ട് 2022-23* ന്റെ ഭാഗമായി എം.ഇ. എസ് അസ്മാബി കോളേജിന്റേ എൻ.എസ്. എസ് 53 & 95 യൂണിറ്റുകളുടെ നേതൃത്വത്തിൽ *സഹപാഠികൊരു സ്വപ്നക്കൂട്* പദ്ധതിയിൽ ഉള്പ്പെടുത്തി എസ്.എൻ പുരം പഞ്ചായത്ത് നീർമ്മാണം പൂർത്തീകരിച്ച സ്വപ്ന ഭവനത്തിന്റേ താക്കോൽ ദാന ചടങ്ങ് ജൂൺ 26 2023 തിങ്കളാഴ്ച കോളേജ് ഓഡിറ്റോറിയത്തിൽ വച്ച് നടന്നു. സ്റ്റേറ്റ് എൻ.എസ്.എസ് ലൈസൻസ് ഓഫീസർ ഡോ. അൻസാർ ആർ.എൻ കോളേജ് പ്രിൻസിപ്പാൾ പ്രൊ. ഡോ. എ ബിജുവിന് താക്കോൽ കൈമാറുന്നു ചടങ്ങിൽ കാലിക്കറ്റ് യൂണിവേഴ്സിറ്റി എൻ.എസ്.എസ് കോർഡിനേറ്റർ ഡോ. സോണി ടി.എൽ. കോളേജ് മാനേജിംഗ് കമ്മറ്റി ചെയർമാൻ ആസിന് അഷ്റഫ്.

Abhayam Housing Project

The Abhayam Housing Project is a compassionate initiative undertaken by MES Asmabi College, P Vemballur, aimed at supporting the most financially challenged students of the college. Under this project, deserving student who face significant economic hardships are identified and selected. The college takes proactive steps to construct a house for the family of the selected student, ensuring they have a secure and stable living environment. This initiative not only addresses immediate housing needs but also fosters a sense of security and support within the college community. It exemplifies the institution's commitment to holistic student welfare and inclusive educational practices.



Donate Blood & Save Life

The Department of Commerce at MES Asmabi College is organizing a Blood Donation Camp on Monday, June 12, 2023, in the college auditorium. This initiative aims to encourage students, faculty, and staff to participate in donating blood, emphasizing the crucial role each donor plays in saving lives. The event underscores the college's commitment to social responsibility and community welfare. By contributing to this noble cause, participants not only demonstrate their compassion but also contribute to addressing the ongoing need for blood donations in healthcare. The camp promises to be a meaningful and impactful event, fostering a spirit of solidarity and humanitarianism among all involved.



Signature campaign and formation of jagratha samithi

On June 26, 2023, the Department of Commerce organized a signature campaign and established a Jagratha Samithi in observance of the International Day against Drug Abuse and Illicit Trafficking. The signature campaign aimed to rally public support and raise awareness about the detrimental impacts of drug abuse and trafficking. Simultaneously, the formation of the Jagratha Samithi signifies a structured effort to maintain vigilance and promote community action against these issues. These initiatives underscore the Department's commitment to fostering a proactive approach in combating societal challenges and promoting a safer environment for all.



MES ASMABI COLLEGE P.VEMBALLOOR KODUNGALLUR NCC UNIT
22 KERALA BATTALION NCC ELOOR



JULY 26
KARGIL VIJAY DIWAS



LET'S HONOUR THE BRAVE SOLDIERS WHO
GAVE THEIR LIFE WHILE PERFORMING THEIR
DUTY TO PROTECT OUR NATION

Kargil Vijay Diwas

On July 26, 2023, the Department of Physical Education commemorated Kargil Vijay Diwas, honoring the courageous soldiers who made the ultimate sacrifice in defending our nation. This significant day marks India's victory in the Kargil War, highlighting the valor and dedication of our armed forces. Through various activities and tributes, the department paid homage to the heroes who demonstrated extraordinary bravery and resilience in safeguarding our borders. The event served as a poignant reminder of their selfless service and unwavering commitment to protecting the sovereignty and integrity of our country.



Blood Donation Camp

On August 2, 2023, the Commerce Department organized a blood donation camp, demonstrating their commitment to humanitarian causes and community welfare. This initiative aimed to encourage voluntary blood donations, emphasizing the importance of contributing to healthcare services and saving lives. Staff, students, and members of the community participated enthusiastically, underscoring a spirit of solidarity and compassion. The event not only promoted awareness about the critical need for blood donations but also exemplified the department's proactive role in fostering a culture of philanthropy and support for healthcare initiatives.



**MES ASMABI COLLEGE,
P. VEMBALLUR**

**Research & PG Department of Botany &
Bhoomitrasena Club**



**KARKKIDAKA
MAASAACHARANAM**

8th August 2023

Venue: Botany Lab, Time: 11 a.m.



- Karkkidaka kanji preparation
- Exhibition of Dasapushpa
- Exhibition of herbs used in karkkidakamaasam



HOD Dr. Girija T.P.	Principal Dr. A. Biju	Co-ordinators Shaheedha T.M. Dr. Jisha K.C.	Students co-ordinators Naswif K.P. Naziha Shali
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Karkkidakamaasaacharanam 2023

On August 8, 2023, the Botany Department and Bhoomitrasena Club organized "Karkkidaga Maasaacharanam 2023," focusing on traditional practices and herbal knowledge. The event highlighted the preparation of Karkkidaga Kanji, a nutritious porridge traditionally consumed during the month of Karkkidakam in Kerala. Additionally, there was an exhibition featuring Dashapushpa (a combination of ten medicinal flowers) and other beneficial herbs. This initiative aimed to promote awareness about indigenous herbal remedies, emphasizing their importance in health and wellness. Participants engaged in learning sessions and practical demonstrations, fostering appreciation for the rich botanical heritage of the region.



Children's Home Visit

On August 15, 2023, the Physical Education Department organized a Children's Home Visit as part of their community outreach efforts. The visit aimed to bring joy and support to children in need, fostering a sense of compassion and solidarity within the student body. Activities included interactive games, sports sessions, and motivational talks aimed at promoting physical activity and well-being among the children. This initiative not only provided a day of fun and positivity but also underscored the department's commitment to nurturing holistic development and social responsibility among students.



Quiz competition on Gandhi

On October 4, 2023, the Political Science Department hosted a quiz competition focused on Mahatma Gandhi, commemorating his principles and contributions to India's political landscape. The competition aimed to deepen students' understanding of Gandhian philosophy, non-violence, and his role in India's freedom struggle. Participants engaged in rounds of challenging questions covering various aspects of Gandhi's life, teachings, and impact on Indian politics and society. The event not only promoted academic excellence but also encouraged reflection on Gandhian ideals of truth, justice, and peace, reinforcing their relevance in contemporary times.



"Cleaning Drive"-2023

During the Gandhi Jayanti week celebration on October 5, 2023, the Botany Department organized a "Cleaning Drive-2023" as a tribute to Mahatma Gandhi's principles of cleanliness and environmental stewardship. Faculty, students, and staff came together for a collective effort to clean and beautify their surroundings. The initiative included activities such as litter collection, waste segregation, and planting saplings to enhance the campus environment. This event not only honored Gandhi's legacy but also promoted a sense of responsibility towards maintaining a clean and sustainable ecosystem. It served as a practical manifestation of Gandhian ideals in contemporary environmental conservation efforts.



Honouring Ex Cadets

On October 14, 2023, the Physical Education Department organized an event to honor ex-cadets, recognizing their contributions and achievements. This gathering celebrated the dedication and service of former cadets who have excelled in various fields since their time in the department. The event likely included ceremonies, speeches, and perhaps even sports activities or demonstrations showcasing the skills and camaraderie fostered among cadets. It served as a meaningful opportunity to reconnect, inspire current students, and uphold the values of discipline, leadership, and physical fitness instilled by the department.



Thanal environmental programme

On October 18, 2023, the Economics Department conducted the "Thanal Environmental Programme," emphasizing environmental stewardship and sustainability. As part of this initiative, the department distributed saplings to promote greenery and eco-consciousness among students and the community. The programme likely included educational sessions on environmental economics, the importance of biodiversity conservation, and practical tips for sustainable living. By giving out saplings, the department encouraged participants to take an active role in preserving the environment and fostering a greener future. This event exemplified their commitment to integrating environmental awareness with academic pursuits in economics.



Ninabali

On November 2, 2023, the Folklore Club organized a seminar and ritual performance titled "NINABALI" in celebration of Keralapiravi, the founding day of the state of Kerala. The seminar likely explored various aspects of Kerala's rich folklore, cultural heritage, and traditional practices. It provided a platform for discussions on indigenous beliefs, rituals, and customs that are integral to Kerala's identity. The ritual performance, "NINABALI," may have included storytelling, music, dance, or other artistic expressions rooted in Kerala's folklore and mythology. This event aimed to educate and engage participants in the preservation and appreciation of Kerala's vibrant cultural heritage on this significant occasion.



Visit to Aashrayam Agathimanthiram-A compassionate journey

On November 16, 2023, the Commerce Department embarked on a compassionate journey with a visit to Aashrayam Agathimanthiram. This initiative aimed to extend support and care to the residents of Aashrayam Agathimanthiram, likely a shelter or home for the underprivileged or elderly. The visit included activities such as interacting with the residents, providing essentials or donations, and possibly organizing recreational or educational activities to uplift their spirits. This compassionate gesture underscored the department's commitment to social responsibility and community service, fostering empathy and solidarity among students and faculty alike.



“Indian constitution – Past and Present”

On November 27, 2023, the Economics Department conducted a seminar titled "Indian Constitution – Past and Present," aiming to delve into the historical evolution and contemporary relevance of India's constitution. The seminar likely explored key aspects such as the drafting process, constitutional principles, amendments over time, and their impact on India's socio-economic landscape. Experts and scholars probably discussed the significance of constitutional provisions in shaping governance, rights, and policies in present-day India. This event provided an academic platform for students and faculty to deepen their understanding of constitutional law and its pivotal role in India's democratic framework.



75 TH RAISING DAY OF NATIONAL CADET CORPS DAY



As a part of 75 Golden years of National Cadet Corps celebration we organised

- Flashmob
- Mime
- One kilometres NCC Run
- Re-opened NCC room
- Serve food for needy in various place

@equad_asmabi1anz

NCC Raising Day

On November 24, 2023, the Physical Education Department celebrated NCC Raising Day in commemoration of 75 years of the National Cadet Corps (NCC). This event honored the contributions and achievements of the NCC in fostering leadership, discipline, and national integration among youth. Activities likely included ceremonial events, drills, and perhaps sports demonstrations showcasing the physical fitness and camaraderie instilled through NCC training. The celebration highlighted the department's commitment to promoting qualities of citizenship and military readiness among students, fostering a spirit of patriotism and service to the nation.



10 January, 2024 ഏകദിന സെമിനാർ 10:00 am - 1:00 pm Sreekrishna College

ഏകഭാരത സങ്കല്പവും, വിവർത്തനവും

സംസ്കൃത വിഭാഗം, ഹിന്ദി വിഭാഗം, ശ്രീകൃഷ്ണ കോളേജ് ഗുരുവായൂർ
 ഹിന്ദി വിഭാഗം, എം.ഇ.എസ് അസ്മാബി കോളേജ്, കൊടുങ്ങല്ലൂർ
 ഭാഷാ സമന്വയവേദി, കോഴിക്കോട്



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Ekabharatha sankalapavum, vivarthanvum

On January 10, 2024, the Hindi Department organized "Ekabharatha Sankalapavum, Vivarthanvum" as part of the "Ek Bharat Shresht Bharat" program. This initiative aimed to promote cultural integration and mutual understanding among states and regions of India. The event likely included activities such as discussions, cultural exchanges, and presentations highlighting the diverse linguistic and cultural heritage of different states. Through this program, the department sought to strengthen national unity and foster a sense of pride in India's rich cultural tapestry, emphasizing the values of unity in diversity.