

**INTERNAL QUALITY ASSURANCE CELL
M E S ASMABI COLLEGE, P. VEMBALLUR -680671**



**REPORT OF
FACULTY DEVELOPMENT PROGRAM
ON
EDUCATIONAL PSYCHOLOGY FOR TEACHERS
BEFORE AND AFTER THE COVID ERA**

2022 - 2023

MES ASMABI COLLEGE

GOVT.AIDED, UGC RECOGNISED & AFFILIATED TO UNIVERSITY OF CALICUT)
P.VEMBALLUR, PO. KODUNGALLUR,THRISSUR DT, KERALA 680 671



FACULTY DEVELOPMENT PROGRAMME

EDUCATIONAL PSYCHOLOGY FOR
TEACHERS: BEFORE AND AFTER COVID ERA

2022-23

5-SEPT TO 23-SEPT



ORGANIZED BY

DAY-1: 05-SEPT-2022

TIME 10.00 A.M

Identifying and addressing central problems in education during covid.

SPEAKER: SUNI M.S, CLINICAL PSYCHOLOGIST, MES MEDICAL
COLLEGE,

DAY-2 : 09-SEPT-2022

TIME: 10.00 A.M

Understanding the student's behavior and individual differences before and after covid.

SPEAKER: Sri. Lathif Penath , HOD , Department of Psychology, MES
Asmabi College.

DAY 3: 13-SEPT-2022

TIME: 11.00 A.M

Helping teachers gain insights into students' needs, strengths, and challenges during covid.

SPEAKER: Ms. Minzila Hilal, Assistant Professor, Department of
Psychology, MES Asmabi College.

DAY 4: 19- SEPT-2022

TIME 10.30 A.M

Enhancing Teachers' instructional strategies and promote student success .

SPEAKER: T. P JAWAD , CLINICAL PSYCHOLOGIST, HCF, KOZHIKODE

DAY 5: 23-SEPT-2022



HIGHLIGHTS:

Total number of participants: 103

Resource Person: Suni M.S, Clinical Psychologist,

MES Medical College

Overview of the Training Programme

The Faculty Development Programme, with the central theme of "Educational Psychology for Teachers Before and After the COVID Era," was conducted over five days from 05-Sept-2022 to 23-Sept-2022. The program aimed to equip teachers with a better understanding of the psychological aspects of teaching and learning, especially in the context of the challenges posed by the COVID-19 pandemic.

Day 1: 5th Sept 2022

Focal areas discussion-based workshop: Identifying and Addressing Central Problems in Education During COVID

Dr. Shafeer P S initiated the program with a warm welcome to all attendees. He expressed his delight at the presence of the participants and the resource persons and emphasized the importance of the program

The first day of the program focused on identifying and addressing the central problems in education during the COVID-19 pandemic. Dr. Suni M.S provided valuable insights into the psychological impact of the pandemic on students and teachers. He discussed coping strategies, mental health issues, and ways to address the challenges effectively. Dr. Suni M.S thoughtfully explored coping mechanisms, drawing attention to strategies that can help individuals navigate the unique challenges posed by the pandemic. Furthermore, he stressed the significance of addressing mental health concerns, emphasizing the pivotal role it plays in overall well-being and effective learning.

Dr. Amitha P Mani(joint coordinator IQAC) extends her sincere thanks to our esteemed resource person, Dr. Suni M.S, for sharing invaluable insights during this session, shedding light on the psychological impacts of the COVID-19 pandemic in the educational context. Dr. Amitha P Mani also expresses gratitude to all the participants for their active engagement, making this event both informative and engaging.



Day 2: 9th Sept 2022

The IQAC Co-Focal areas discussion-based workshop: - Understanding Student's Behavior and Individual Differences Before and After COVID

Dr. Shafeer P S commenced the program with a cordial welcome to all those in attendance. He conveyed his pleasure regarding the participants and resource persons' presence.

Day 2 concentrated on understanding student behavior and individual differences. Sri. Lathif Penath highlighted the changes in student behavior and provided practical guidance on adapting teaching methods to cater to the diverse needs of students before and after the COVID-19 era. His presentation was not only insightful but also immensely practical, offering valuable guidance on how educators can adapt their teaching methods to accommodate the diverse needs of students. Sri. Lathif Penath's emphasis on understanding and catering to these evolving behaviors and differences before and after the pandemic era proved to be a cornerstone for effective teaching and student engagement, making it a pivotal and enlightening component of the program's educational discourse

Dr Sanand C Sadanandakumar (joint coordinator IQAC expressed his gratitude towards the resource person Lathif Penath, and all the participants

Day 3: 13th Sept 2022

Focal areas discussion-based workshop: Helping Teachers Gain Insights into Students' Needs, Strengths, and Challenges During COVID.

Dr. Shafeer P S(IQAC Coordinator) initiated the program by extending a warm welcome to all those present. He expressed his delight at the participation of both the attendees and the resource persons.

Ms. Minzila Hilal led discussions on how teachers can gain insights into students' needs, strengths, and challenges during the COVID-19 pandemic. She shared strategies to build positive teacher-student relationships and foster a supportive learning environment. By emphasizing the cultivation of positive teacher-student relationships, Ms. Minzila Hilal underscored the pivotal role of emotional intelligence in education during challenging times. She adeptly expounded on the art of creating a supportive and nurturing learning environment, recognizing that such an atmosphere is instrumental in students' overall development and academic success.

Dr. Amitha P Mani (joint coordinator IQAC expresses gratitude to all the participants for their active engagement, making this event both informative and engaging.



Day 4: 19th Sept 2022

Focal areas discussion-based workshop: Enhancing Teachers' Instructional Strategies and Promoting Student Success.

**Resource Person: T. P Jawad
Clinical Psychologist, HCF, Kozhikode**

Dr. Shafeer P S (IQAC Coordinator) initiated the program by extending a warm welcome to all those present. He expressed his delight at the participation of both the attendees and the resource persons.

On Day 4, the spotlight was on enhancing teachers' instructional strategies and fostering student success, with T. P. Jawad underlining the significance of adapting teaching method. Mr. Jawad laid the foundation for a discussion on innovative pedagogical techniques that can maximize student engagement and learning outcomes. His contributions were pivotal in equipping teachers with the knowledge and skills required to navigate the challenges posed by the pandemic, fostering a resilient and adaptable educational environment that ultimately serves the success and growth of students

Dr Sanand C Sadanandakumar (joint coordinator IQAC expressed his gratitude towards the resource person, and all the participants

Day 5: 23th Sept 2022

Focal areas discussion-based workshop: Planning and Implementing Effective Strategies for Online Teaching and Learnings

Resource Person: Sri. Lathif Penath, HOD, Department of Psychology, MES Asmabi College

Dr. Jisha K C , as the IQAC Joint Coordinator, welcomes all attendees and the resource person to the event

The concluding day of the program marked a crucial focus on the planning and execution of strategies tailored for the realm of online teaching and learning. Sri. Lathif Penath, a returning expert, once again took the lead in delivering invaluable insights into this ever-evolving domain. His presentation was a comprehensive guide to best practices in online education, encompassing essential facets like seamless technology integration, strategies to enhance student engagement, and innovative approaches to surmount the unique challenges posed by virtual teaching.

Dr. Shafeer P S (IQAC coordinator) concluded the programme by expressing his hope that the program would provide participants with valuable insights and strategies applicable to their teaching role

The Faculty Development Programme was a resounding success, equipping educators with essential knowledge and skills to navigate the complexities of education before and after the COVID-19 era. The program fostered a collaborative environment for knowledge sharing and interactive discussions, making it a valuable experience for all participants.