

**MES ASMABI COLLEGE
P.VEMBALLUR**



INDIAN KNOWLEDGE SYSTEM

Understanding the Indian Knowledge System is crucial for students as it provides a rich and diverse foundation for holistic learning. India has a profound cultural and intellectual heritage, encompassing fields such as philosophy, astronomy, science, medicine, arts, and literature. College organise various activities to introduce students about Indian knowledge system. The folklore Club of the college and various departments introduce various traditional art forms to students.

THAZHA PAYA' MAKING

Thazha Paya is a handcrafted mat made from the screw pine plant, a large plant with sword-shaped leaves and thorns. The leaves of the screw pine plant are traditionally used to make household items like mats, baskets, and storage bag. Thazha Paya mats are sustainable and eco-friendly, and can be used for a variety of purposes, including yoga mats and laying down infants. This plant is commonly seen in the nearby areas of our college and many people are making mat using it.

A group of commerce students from PG department of Commerce and Management Studies recently conducted a video and interview focused on the process of making screw pining mats and studying the sector related to it in proximity to our college. The objective of the project was to gain practical insights into the manufacturing process of screw pining mats and understand the local industry's dynamics. The students interviewed local workers to gather information about the materials used, production techniques, market demand, and challenges faced by the sector. The video documented the step-by-step process of making screw pining mats, highlighting the skills and craftsmanship involved.

Additionally, the interviews provided valuable insights into the economic impact of the sector, employment opportunities, and potential for growth.



Video of Mat Making:

https://youtu.be/Yj_zS5aIAcs?si=rIj_l0ODNv711Fu



Documentary about Sangama Grama Madhavan

Madhava of Sangamagrama, an Indian mathematician, is credited as the founder of the Kerala School of Astronomy and Mathematics. Sangamagrama is believed to be in medieval Kerala, specifically in Irinjalakuda, Nearby town of the college.

Students and teachers of Department of Mathematics produced a documentary film about Madhava with the help of Prof. Namboodiri, Retired Faculty of Dept. of Physics, Cochin University of Science and Technology. Students receive practical exposure, bridging theory and real-world application, gaining insights into cultural and environmental aspects for overall development. Our students got practical exposure, bridging the gap between theoretical knowledge and real-world application. Additionally, Students gain insights into diverse cultural and environmental aspects, contributing to their overall development.

You Tube Video Link

<https://youtu.be/HGglCuGOXfE>



CONSERVATION OF SACRED GROOVES

There are many sacred grooves in Kerala. The important sacred grooves in and around Kodungallur are : Kodungallur Kavu Bhagavathi Temple, Kozhiparambil Sarppa Kavu, Thottakattu Kavu, Gosayi Muthappan Bhairavan Kavu Temple, Kodungallur Keezhkavu, Pulayakavu etc.

In Kerala, "Kavu" refers to sacred groves protected by communities for religious purposes, often linked to Hindu temples. They contribute to biodiversity conservation and house various rituals and festivals, forming an integral part of Kerala's cultural heritage. Kavus symbolize the harmonious coexistence of cultural and ecological values in traditional practices. Dept. of Botany Conducted Nature walk 'Kaavettam' to sacred grove named Sankulangara kaavu.



Kaavettam is a traditional ritual in Kerala, India, where sacred groves are preserved and revered as repositories of biodiversity and cultural significance. Conducted Nature walk 'Kaavettam' to sacred grove named Sankulangara kaavu



YOU TUBE VIDEOS ON DIFFERENT INDIAN SCHOOLS OF THOUGHT

Faculty of Our college in English Smt. Mona created You Tube videos of Different Schools of Thoughts of India as E Content for UG and PG students



Nyaya & Vaisesika School



Link To Sankhya & Yoga School



Link to the Nyaya School Part I



Link to The Nyaya School



Link to Buddha School

MOU WITH MUZIRIS HERITAGE PROJECT

Muziris is a legendary port, the heart of the historic Spice Route, vanished off the grid over 3000 years ago. Historians and archaeologists hunted far and wide in search of it but to no avail. Then, one day, it rained in Pattanam, a small town near our college in Kodungallur. The rains unearthed and revealed to mankind remnants of a legacy. The legacy of the lost port, Muziris....

The ancient world's greatest trading centre in the East, this legendary seaport traded in everything from spices to precious stones with the Greeks, Romans and the rest of the world. The Muziris Heritage Project, a project of Government of Kerala, will revive that lost legacy to conserve and showcase a culture of 3000 years or more for posterity. Once the doorway to India for varied cultures and races including Buddhists, Arabs, Chinese, Jews, Romans, Portuguese, Dutch and even the British, Muziris has stood witness to civilisations being born, wars being waged and history being written. College signed an MoU with Muziris Heritage project for research, internships, Conduct of Seminars, Workshops etc

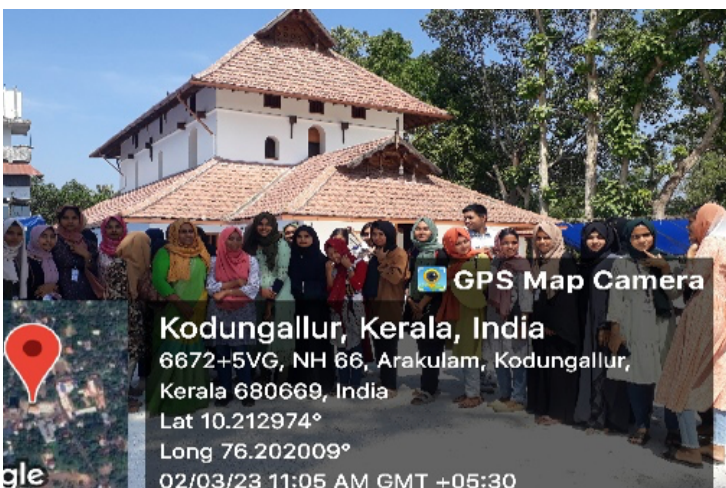


SIGNING MOU WITH GM MUZIRIS HERITAGE PROJECT



INTERACTION WITH GENERAL MANAGER MUZIRIS HERITAGE PROJECT

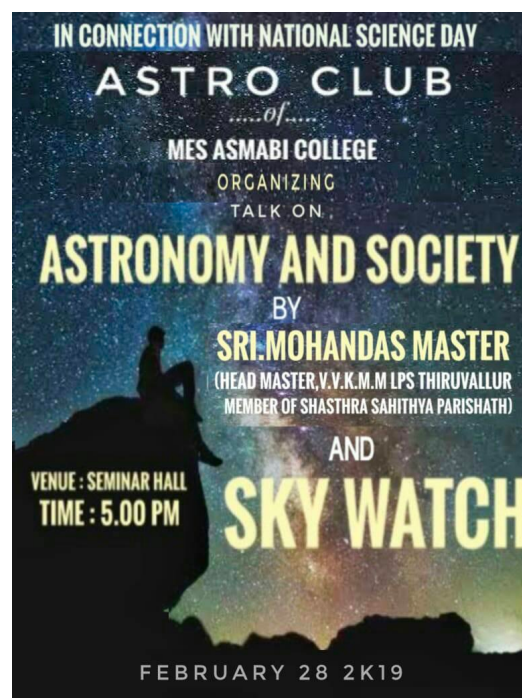
STUDY VISIT TO MUZRIS HERITAGE PLACES



Students were taken to the Muzris heritage places of Kodungallur to give a first hand experience to Paliyam Palace, Kodungallur Fort, Synagogue at Paravur, Sahodaran Ayyapan Centre. The Visit enriched their Knowledge about the History of Kodungallur

ASTRO CLUB ACTIVITIES

India has a rich history of contributions to astronomy and sky watching that dates back thousands of years. The Indian Knowledge System, particularly in the fields of mathematics and astronomy, has played a crucial role in shaping our understanding of the cosmos. The Indian knowledge system has made substantial contributions to astronomy and sky watching throughout history. The early Indian astronomers demonstrated advanced mathematical and observational skills, laying the foundation for understanding celestial phenomena. These contributions continue to influence and inspire astronomers and scientists globally.



The Astro Club of the college organised a talk on Astronomy and Society by Sri. Mohandas and Sky Watch to identify various stars and galaxies and give interest to students about sky watch

SKY WATCH



A captivating SKY WATCH programme to witness the marvels of the night sky was organized by the Department of Physics in association with the Ernakulam chapter of the Breakthrough Science Society (BSS) on the evening of January 31, 2023.

By integrating theoretical study with practical sky watching experiences, students can bridge the gap between abstract concepts and real-world observations.

Observation Skills: Sky watching develops observational skills as the students learn to identify and track celestial objects.

INTERNATIONAL YEAR OF MILLETS 2023

MES Asmabi College
Departments of
Aquaculture,
Botany,
Biochemistry &
Chemistry
Celebrates

INTERNATIONAL YEAR OF MILLETS 2023

- Poster Making Competition
- Exhibition on Indian Millets
- Innovative millet products and sale
- Awareness talk on nutritional importance of millets

**24TH
NOVEMBER
2023
AUDITORIUM**

INTERNATIONAL YEAR OF MILLETS 2023

In association with

IEDC
YIP
Bomilharasana club
Millet Mission Kerala
Green initiatives



Millets are crucial in today's scenario for their nutritional richness, adaptability to diverse climates, and sustainability, offering a resilient solution to food security challenges. Their cultivation promotes biodiversity, requires less water, and provides a source of income for farmers, contributing to a more resilient and ecologically sustainable agricultural system. Incorporating millets into diets diversifies nutrition and supports a healthier and more environmentally friendly food ecosystem.

As a part of International Millet Day various programs like Poster making, Exhibition on Indian millets, Innovative millet products and sale and Awareness talk on nutritional importance of Millets were conducted.



DHASAPUSHPA EXHIBITION

As part of karkkidakamaasaacharam Department of Botany organized an exhibition of pathilakkari and dhasapushpa. The pathilakkari was prepared with the leaves of most common plants during the month of Karkkidaka which was regarded as the month of poverty. During ancient times, people of Kerala used the leaves of common plants for making curries due to poverty. To gain health, they used many common medicinal plants in their diet and dhasapushpa belong to this group.



KARKKIDAKA KANJI

Karkkidaka Kanji is a traditional Ayurvedic rice gruel consumed in the Malayalam month of Karkidakam in Kerala, known for its nutritional and medicinal value during the monsoon season. As a part of Karkkidakamasacharanam, Karkkidaka kanji distributed among Faculties.



KARKKIDAKA VARACHARANAM

PG & RESEARCH DEPARTMENT OF BOTANY
MES ASMABI COLLEGE
P. VEMBALEER, KODUNGALLUR, THRISSUR

WEBINAR
IMPORTANCE OF MEDICINAL PLANTS IN THE MONTH OF KARKKIDAKA

Dr. VIVEK P
 Associate Professor
 Dept. of Dravyagunavijnanam
 VPSV Ayurveda College, Kottakkal

Free registration
 e certificate for all participants

<https://forms.gle/RaQRcTb3yt4MgcQS7>

Online Platform: Google Meet
11 AM
29TH JULY 2020

A webinar is conducted in connection with the month of karkkidaka. The topic of the seminar was "The importance of medicinal plants in the month of Karkidaka".

The resource person was Dr. P.Vivek, Associate Professor, Dept. of Dravyagunavjanam, VSVP Ayurveda College Kottakkal

SREEDHAREEYAM

As part of Knowledge Heritage Study series MES Asmabi College in association with Probodha Trust Kochi and St. Joseph's College Iringalakkuda organised a webinar on Sreedhareeyam on 9th June 2021 . Sreedhareeyam began as home to Ayurvedic Ophthalmology, now one of the NABH Accredited Eye Hospital in India expanding on Eye Treatments and Research in Ayurveda. Sri. Hari Namboodiri, Vice Chairman of Sreedhareeyam was the resource person.

Knowledge Heritage Study Series - 3
 അറിവ് - പാരമ്പര്യ പഠന പരമ്പര

SREEDHAREEYAM
 "ശ്രീധരീയം"

9th June 2021
Wedday @ 7.30pm

Talk by :
Sri. Hari Namboodiri
 Vice chairman
 Sreedhareeyam

Welcome note : **Prof. Sumina M S**, Head, Department of History St. Joseph's College (Autonomous), Irinjalakuda
 Presidential address: **Dr. T. M. Mathew**, Asst. Prof. of Malayalam Maharajas College, Eranakulam
 Felicitations: **Dr A Biju**, Principal, MES Asmabi College, Kodungallur
Dr Sr Asha Therese, Principal St. Joseph's College (Autonomous), Irinjalakuda
 Vote of Thanks: **Dr. Sanand Sadanandan**, Head, Department of Political science MES Asmabi College, Kodungallur

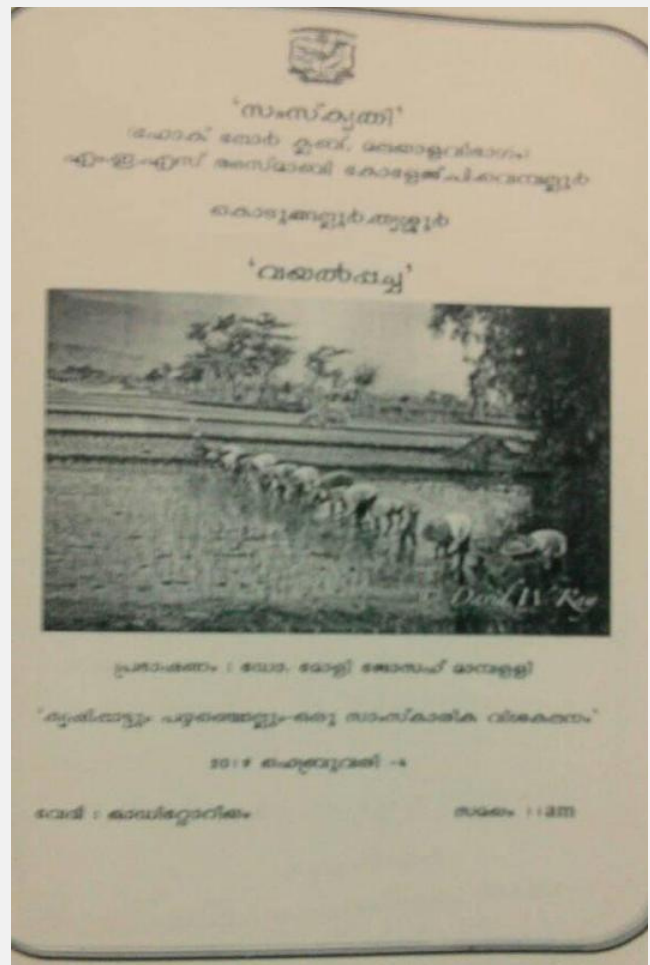
Organized by
 Probodha Trust, Kochi
 in association with
 Department of History, St. Joseph's College (Autonomous) Irinjalakuda & Department of Political Science, MES Asmabi College, Kodungallur

ACTIVITIES OF FOLKLORE CLUB

VAYAL PACHHA-SEMINAR - KERALA HARVEST CULTRE & TRADITIONAL SONGS.



Kerala's harvest culture is celebrated through traditional songs that intricately weave agricultural themes, reflecting the agrarian essence of the region's festivities. Folklore Club organised a seminar on Kerala Harvest Cultre & Traditional songs to introduce the students to the harvest songs. The programme was conducted on 4th February 2018. Dr. Molly Joseph Mampally was the resourse person



SEMINAR ON RITUALS -MEANINGS AND EXPERIENCES

എം.ഇ.എസ്. അസ്മി കോളേജ്
പി. വെമ്പലൂർ, കൊടുങ്ങല്ലൂർ

ഫോക്ലോർ ക്ലബ്ബ് & മലയാള വിഭാഗം
കേരള ഫോക്ലോർ അക്കാദമിയുടെ
സഹകരണത്തോടെ സംഘടിപ്പിക്കുന്ന

സെമിനാറും അനുഷ്ഠാനകലാവതരണവും
2023 നവംബർ 02 രാവിലെ 10.00ന്
വേദി : കോളേജ് ഓഡിറ്റോറിയം

ഉദ്ഘാടനം :
ശ്രീ. എ.വി. അജയകുമാർ
(സെക്രട്ടറി, കേരള ഫോക്ലോർ അക്കാദമി, കണ്ണൂർ)

സെമിനാർ
അനുഷ്ഠാനങ്ങൾ- അർത്ഥവും അനുഭവങ്ങളും
(പ്രദർശനം :
ഡോ. ഇ.കെ. ഗോവിന്ദ വർമ്മരാജ
(പ്രസിദ്ധ ഫോക്ലോർ ഗവേഷകനും, കോഴിക്കോട് സർവ്വകലാശാല ഫോക്ലോർ വിഭാഗം മുൻ മേധാവിയും)

തുടർന്ന്
സമിതി ബാലുവും സംഘവും (കണ്ണൂർ) അവതരിപ്പിക്കുന്ന
അനുഷ്ഠാനകലാവതരണം - **"നിബലി"**

പ്രൊഫ. (ഡോ.) എ. ബിജു
(പ്രസിദ്ധൻ)

ഡോ. ജെയിംസ് സേവിസ്
മലയാള വിഭാഗം അദ്ധ്യക്ഷ &
ഫോക്ലോർ ക്ലബ്ബ് കൺവീനർ

ലിജി. ടി. ലളിത. ടി.വി.
കോ-ഓർഡിനേറ്റർ

Folklore club and Department of Malayalam jointly organised a seminar on Rituals -meaning and experiences. in association with Kerala Folklore Academy on 2nd November 2023. Sri. A. V. Ajayakumar, Secretaary, Kerala Folklore Academy, Kannur inagurated the Programme. The Seminar was lead by Dr. E. K. Govindha Varma Raja (Former HoD, Department of Folklore, University of (Calicut)



'NINABALI' -PERFORMANCE

The traditional art form Ninabali' was iintroduced and performed in our college on 2nd November 2023 .The programme was organized by College Folk Lore Club. Ninabali is a ritualistic performing art form popular in Kannur, Kozhikode districts of Northern Kerala, India. It is a folk art performed by the Malaya community.



WORKSHOP ON 'THULLAL' ART FORM

Thullal is a vibrant and expressive classical dance form in Kerala, characterized by rhythmic movements, vivid facial expressions, and humorous narratives.

Thullal artist Smt. Drishaya Gopinath conducted a workshop to introduce Thullal art form to students and presented stage performance on November 1, 2022. This programme was jointly organised by Folklore Club and Department of Malayalam



PERFORMANCE OF 'KALARIPAYATTU, 'KERALAGANAM, AND 'NADAN PATTU'

On November 1, 2022, Kerala Piravidinam (Birthday of Kerala) was celebrated by the college by performing traditional art forms like 'Kalaripayattu', 'Keralaganam' and 'Nadan pattu'.



KALAMPAATTU'-PERFORMANCE



Kalampattu is a traditional South Indian storytelling art in Kerala, combining rhythmic percussion, vocal recitations, and theatrical elements to narrate epic stories. Mural artist Shri. Kadannamanna Srinivasan presented 'kalam' with natural organic colours. He vocalised the ritualistic song with the Musical instrument, Nandhuni. This programme was conducted to make students aware about the ritualistic art form 'kalampattu'.

GARUDAN THOOKAM

MES ASMABI COLLEGE
P. VEMBALLUR KODUGALLUR
Affiliated to University of Calicut

Garudan Thookam

Garudan Thookam also known as Garudan Parava is a unique ritual art form popular in the central part of Kerala. It is popular in Bhadrakali temples situated in Kottayam, Alappuzha, Ernakulam and Idukki districts. This ritual art is famed for its magnificent makeup, vibrant costumes and resplendent headgear that turns ordinary people to majestic performers.

17 / 8 / 2022 Wednesday
College Auditorium 12:30 PM

Presented by Tourism Club



A cultural art form called Garudanthookam was organized jointly by the Tourism club and the Department of Tourism and Hospitality Management to aware about various ancient cultural art forms in Kerala

MALAYALA BHASHA VARACHARANAM



എം.ഇ.എസ്. അസ്മാനി കോളേജ്
പി. വെമ്പലൂർ, കൊല്ലം ജില്ല

കേരളപ്പിറവി ദിനാഘോഷവും
മലയാളഭാഷാ വാരാചരണവും

മലയാള വിഭാഗം & ഫോക്ലോർ ക്ലബ്ബ് സായുക്തമായി
ഐ.ക്യു.എ.സി. യുടെ സഹകരണത്തോടെ സംഘടിപ്പിക്കുന്ന
വെബിനാർ

2020 നവംബർ 01,
രാവിലെ 10.00 ന്

ഉദ്ഘാടനവും, പ്രദർശനവും :
ശ്രീ. ഫ്രാൻസിസ് നൊറോണ
(എഴുത്തുകാരൻ)
വിഷയം : എഴുത്ത്-ഇടം-അനുഭവം

തുടർന്ന് :
മീഡ്യാർട്ടിക്ലിക് കലാരത്നം
കേരള ഗാനം | നാടൻ പാട്ട്
കവിതാ പാരായണം | നൃത്തശില്പം

2020 നവംബർ 03,
രാവിലെ 10.30 ന്

പ്രശ്നോത്തരി
വിഷയം :
കേരള സംസ്കാരം-സാഹിത്യം-സിനിമ

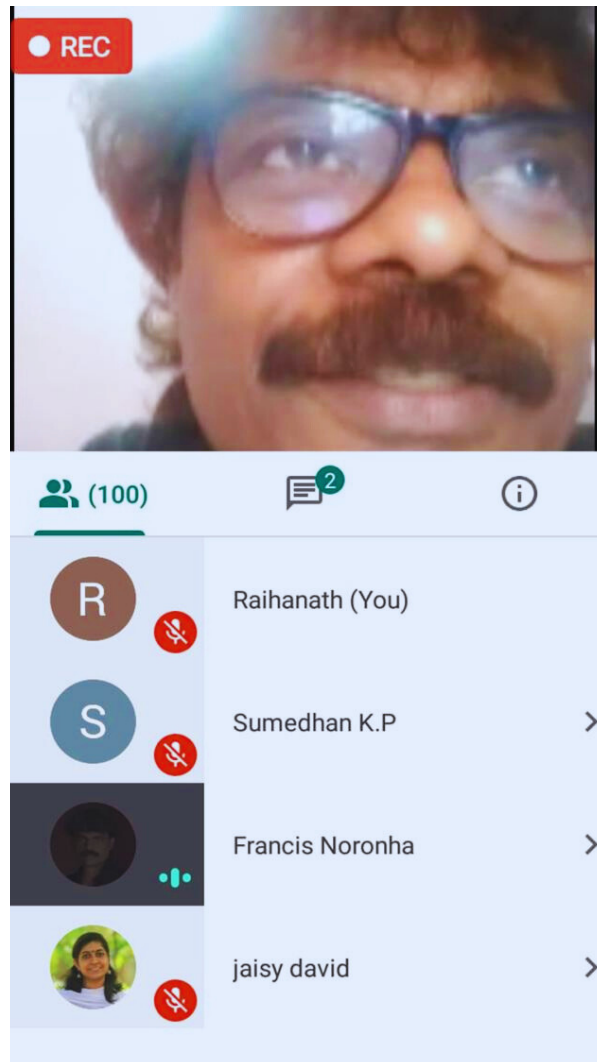
ഓൺലൈൻ
പ്ലാറ്റ്ഫോം

ഗൂഗിൾ മീറ്റ്

'Malayalabhasha Varacharanam' (Malayalam Language Week celebrations) enriches and promotes Malayalam through linguistic development, cultural preservation, and education in Kerala. College celebrated this week by conducting Quiz programmes on Kerala culture, Literature and Cinema' followed by Recitation of Malayalam poems, folk dance, Kerala ganam etc. .

KERALA PIRAVI





Kerala Piravi is the celebration of the birth anniversary of Kerala, commemorating its formation on November 1, 1956. As a part of this, every year college organize various activities. This includes wearing traditional dresses of Kerala on that day by students and teachers. A Webinar on the subject, "Malayalavum sthreyum" was conducted on November 1, 2020.



YOGA PROMOTION ACTIVITIES

College conduct various programmes to promote Yoga. Department of Physical Education conducted a yoga training in association with International Yoga Day on 21st June 2019. The programme was organized in order to create awareness about the importance of incorporating yoga into daily life and encourage participants to adopt a healthy lifestyle through yoga.

During covid pandemic yoga posters were shared to students to promote Yoga

<p>V POSE</p>  <p>Strengthens abdominal muscles Improves balance and digestion Stress relief Improves confidence</p>	<p>MERMAID POSE</p>  <p>Stretches hips, back and chest Improves balance</p>	<p>TREE POSE</p>  <p>Stretches shoulder, thighs etc. Strengths calves and ankles.</p>	<p>SEATED TWIST</p>  <p>Opens up the chest. Increases spinal rotation. Cleanse organs.</p>
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WEBINAR ON YOGA AND VIDEO PRESENTATION

The Commerce Department organized a webinar on Yoga for Well-being and a Video Presentation on 21-06-2021. The event aimed to highlight the holistic benefits of yoga for mental and physical health. The outcome witnessed heightened awareness among participants, encouraging the incorporation of yoga practices for overall well-being.

INTERNATIONAL YOGA DAY



Marking International Yoga Day on 21-06-2021, the Physical Education department emphasized the significance of yoga for holistic health. The celebration included yoga demonstrations and activities, encouraging student participation. The outcome was a positive outlook to yoga, fostering a healthy lifestyle among students. The event motivated continued integration of yoga practices for sustained mental and physical well-being.

In association with International yoga Day Department of Physical Education organised a yoga training for promoting the practice of yoga and its numerous benefits for physical and mental well-being. The event aimed to create awareness about the importance of incorporating yoga into daily life and encourage participants to adopt a healthy lifestyle through yoga.



IMPORTANCE OF WETLANDS AND ITS PRESERVATION



As part of World Wetland Day celebrations, MES Asmabi College, P. Vemballur conducted programme entitled 'Waves' to awake the awareness about these fragile ecosystems. It was a Two Day Programme. In the first day (4th Feb), we conducted an invited lecture of Dr. Harinarayanan M.K, Assistant Professor, Dept. of Botany, Sreekrishna College Guruvayoor.

In the second day (7th Feb), staff and students went to a fresh water swamp called Thachappilly wetland, Pullut, Kodungallur Thrissur.

THREATENED SPECIES NURSERY



SEED OF *CALOPHYLLUM INOPHYLLUM*

Bhoomithrasena Club have gathered to develop seed bed for coastal restoration on 8th June 2022. The seeds collected from the local area especially the *Calophyllum inophyllum* were sown in the seed bed for its germination with proper spacing and nutrient support. They developed a nursery by collecting the seeds and seedlings from their local area and that were kept for restoration sites this year.

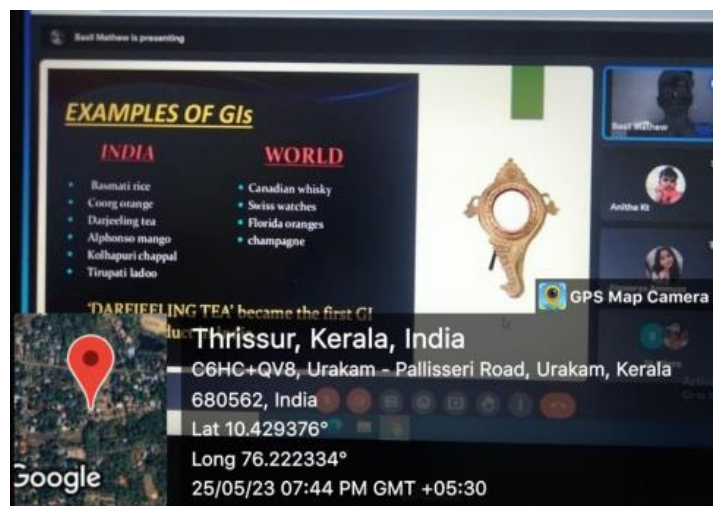
MEDICINAL GARDEN



Department of Botany of the college maintaining a medicinal plant garden inside the campus consisting of forty variety of plants. These plants in the garden are mainly used for the preparation of Ayurvedic medicines

IPR CELL PROGRAMS ON GEOGRAPHICAL INDICATIONS

Kerala is regarded as a treasure trove of unique geographical indication. Overall, India has 417 registered geographical indications, with Kerala owning 31 of them. Geographical Indication tags are commonly found on agricultural items in Kerala. The IPR cell of the college conducted various programmes of Intellectual property rights of which some of them are on geographical indications. These programmes aware about the GIs which are mainly from Kerala like Aranmula kannadi, Kuthampally Doties, Pokali Rice, Alappy green Cardomon, **Screw pine Crafts from Kerala**, etc **Screw pine is commonly seen in the nearby areas of the college** and many people depends on the production of materials from Screw pine plant.



TRIBAL CULTURAL PROGRAMMES



Every year, the college arrange cultural programmes of different tribal communities as part of different cultural celebrations to promote cultural diversity among the students.

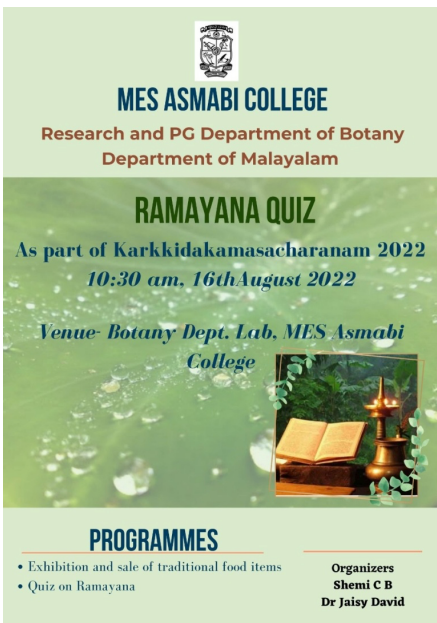
'GURUKULAM'-ECOFRIENDLY CLASS ROOM



An ecofriendly classroom named 'Gurukulam' under the trees was set up to feel ancient open air Gurukulam model classes. Recently these set up was demolished to construct a new canteen building inside the campus.



RAMAYANA QUIZ



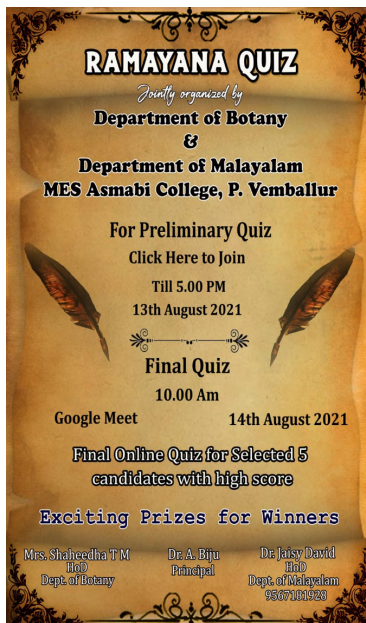
MES ASMABI COLLEGE
Research and PG Department of Botany
Department of Malayalam

RAMAYANA QUIZ
As part of Karkkidakamasacharanam 2022
10:30 am, 16th August 2022
Venue- Botany Dept. Lab. MES Asmabi College

PROGRAMMES

- Exhibition and sale of traditional food items
- Quiz on Ramayana

Organizers
Shemi C B
Dr Jaisy David



RAMAYANA QUIZ
Jointly organized by
Department of Botany
&
Department of Malayalam
MES Asmabi College, P. Vemballur

For Preliminary Quiz
Click Here to Join
Till 5.00 PM
13th August 2021

Final Quiz
10.00 Am
14th August 2021

Google Meet

Final Online Quiz for Selected 5 candidates with high score

Exciting Prizes for Winners

Mrs. Shaheedha T M
HOD
Dept. of Botany

Dr. A. Riju
Principal

Dr. Jaisy David
HOD
Dept. of Malayalam
956710928

As part of 'Karkidaka masacharanam' Department of botany conduct Ramayana Quiz every year to aware about the great epic Ramayanam











MOU WITH PRABODHA TRUST

"The Probhodha Trust Ernakulam (Reg. No. 15/IV/2021, dt. 27-02-2021) was established by a group of noted social workers, professionals, and educationists deeply interested in promoting Gandhian thought and action. The motto of the Trust is "to work for creating a society upholding the principles and practices of Mahatma Gandhi and promoting study and research on Gandhian Thought and undertaking publications." The key areas of work identified by the trust include the study and research on the life and thought of Mahatma Gandhi, as well as predecessors of Gandhi and contemporary thinkers and social revolutionaries, preservation of rights, and observance of duties of individuals, the welfare of women, children, and the most depressed sections of society, protection of the environment and sustainable development practices, decentralized democracy, and humane governance, constructive programs, and charity works in consonance with the objects of the trust.

MES Asmabi College signed Memorandum of Understanding with Probhodha trust on 14-02-2021. The main areas of collaboration include the development of mutually beneficial academic and training programs, the exchange of faculty and teachers for the purpose of research, and extension assistance for visiting scholars and visits to historically important places in India. College conducted 8 National level webinars and one seminar. Topics broadly covered Gandhi and Indian Knowledge tradition. Webinar topics were - 'Sreedhareeyam - eye treatment in Ayurveda' talk by Sri. Hari Namoodiri, Vice Chairman Sreedareeyam Ayurveda group. 'India, my love wonders' about Indian heritage book talk by well-known magician Sri. Gopinath Muthukad, Gandhi and Palestine talk by Prof. A K Ramakrishnan, School of International Relations and Politics, JNU, New Delhi, a talk about Swami Sahajanda Saraswathi, Indian freedom fighter by Capt. Sarvodaya Sarma, a talk on 'Gandhian Economics' by Dr. Ramesh Saran, a well-known economist, a talk on freedom fighter 'Muhammed Abdul Rahiman' by well-known Malayalam writer Prof. M N Karassery, National webinar on 'Jayaprakash Narayanan' by Surendrkumar, former secretary Gandhi Peace Foundation, a talk on Dharmanand Kosambi by Dr. B P Raveendra, Trustee Sevagram Ashram, and a National Seminar on Gandhi and Minorities, the key talk delivered by Prof. K P Sankaran, St Stephens College, New Delhi."

SPICE TOUR AND RELIGIOUS TOUR ITINERARY

AS Experiential learning Department of Tourism and Hospitality management prepare itinerary of 'Spice Tour' to visit Important heritage site of Muziris heritage project and 'Religious tour' to important religious destinations of Kodungallur.

<h3>SPICE TOUR</h3> <p>8:00 am - Start from Kuzhikkali</p> <p>You can start your day by having from Kuzhikkali and heading towards the spice plantations.</p> <p>10:30 am - Reach the Spice Plantations</p>  <p>You can reach the spice plantation and take a tour of the plantation. You can see how different spices are grown, harvested and processed.</p> <p>12:00 pm - Lunch</p>  <p>You can enjoy a traditional Kerala meal, which is rich in spices. Spices have various medicinal properties and are known for their health properties. They help in enhancing the flavor and taste of food. They have antibiotic and antiseptic properties that help in preserving food.</p>	<p>1:00 pm - Visit the Spice Market</p>  <p>After lunch, you can visit the spice market in the nearby town. Here, you can see how different spices are sold and traded. Though Periyar has left marks of an urban plan, it has remained in ruins as a significant center of spice trade. The main variety of the finest pepper, along with cardamom, nutmeg and ginger, also known as black gold, emanate from the spice trade routes linking the coast and the city.</p> <p>2:30 pm - Visit the Spice Museum</p>  <p>You can also visit the spice museum, which displays the history and importance of spices in Kerala's culture and economy. Spice Museum at Willingdon Island to meet and discuss various and visitors about the history and growth of Indian</p>	<p>spice industry. The museum will showcase the entire process of spice industry beginning with cultivation to the finished product, besides its history, usage, storage and quality assessment. Over 70 rare spices and rare herbs will be displayed at the museum.</p> <p>4:00 pm - Visit the Ayurvedic Centre</p>  <p>After the museum, you can visit an Ayurvedic center where you can learn about the different health benefits of spices and how they are used in Ayurveda and other.</p> <p>6:00 pm - Return to Kuzhikkali</p> <p>After the Ayurvedic center, you can head back to Kuzhikkali and your open tour for the day.</p> <p>This itinerary offers a glimpse into the rich history and culture of Kerala's spice trade and the various benefits of spices. You can enhance the itinerary according to your interests and preferences.</p>	<h3>Religious Tour</h3> <p>9:00 am - Start from Kuzhikkali</p> <p>This itinerary begins your tour by starting from Kuzhikkali, the nearest city to Muziris. You can have a private cab to take you to a private tour to visit the main sites of your itinerary.</p> <p>10:00 am - Reach Muziris Heritage Site</p>  <p>You can start your tour of the Muziris Heritage Site, which is a collection of museums and monuments that showcase the rich history of Muziris. You can visit the Muziris Heritage Museum, which has various galleries and exhibits that display the history and culture of Muziris.</p> <p>11:30 am - Visit Jewish Synagogue</p>  <p>After the museum, you can visit the Jewish Synagogue in the nearby town of Parur. The synagogue is one of the oldest in India and is a great example of the cultural diversity of Muziris.</p>	<p>12:30 pm - Lunch</p>  <p>You can enjoy traditional Kerala cuisine at a local restaurant in Kuzhikkali. They help in enhancing the flavor and taste of food.</p> <p>1:30 pm - Visit Chertamon Azham Masjid</p>  <p>After lunch, you can visit the Chertamon Azham Masjid, which is one of the oldest mosques in India. It is believed to have been built in the 15th century and is a great example of the religious diversity of Muziris.</p> <p>3:00 pm - Visit Kottayam Church</p>  <p>After the mosque, you can head back to Kuzhikkali and end your tour for the day.</p> <p>This itinerary offers a glimpse into the religious diversity of Muziris, and the various monuments and sites that reflect the same. You can customize the itinerary according to your interests and preferences.</p>	<p>4:00 pm - Visit from Sankaravady Temple</p>  <p>You can end your tour with a visit to the Sankaravady Temple in Kuzhikkali, which is dedicated to Lord Shiva, one of the greatest deities in Hinduism. The temple is situated on the banks of the river Periyar and is surrounded by lush greenery.</p> <p>6:00 pm - Return to Kuzhikkali</p> <p>After the temple, you can head back to Kuzhikkali and end your tour for the day.</p> <p>This itinerary offers a glimpse into the religious diversity of Muziris, and the various monuments and sites that reflect the same. You can customize the itinerary according to your interests and preferences.</p>
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TRAINING AND PERFORMANCE OF REGIONAL ART FORM - 'THIRUVATHIRA KALI'



നവ കേരള സദസിനോടനുബന്ധിച്ച് ശ്രീനാരായണ പുരത്ത് സംഘടിപ്പിച്ച മെഗാ തിരുവാതിര വാതികളി

Thiruvathirakali is a traditional dance form Kerala, India. It is a female group dance that is performed around a traditional wick lamp. The dance is known for its grace and femininity. The dance is also performed as part of religious rituals, such as on Onam. Women sing the praises of Shiva - Parvati in Shiva temples. College gave training to Thiruvathira dance and in connection with 'Nava Kerala Sadas'. Students and faculty participated the Mega Thiruvathira organised by the Fine Arts Club of the college.

പകിട്ടോടെ മെഗാ തിരുവാതിര ആയിരങ്ങളെ ആകർഷിച്ചു

കൊടുങ്ങല്ലൂർ : ആയിരത്തോളം കലാകാരികൾ അണിനിരന്ന തിരുവാതിരകളെ ശ്രദ്ധയോടെയും കൈപ്പുഴം ലോ നിലയാങ്കലമണ്ഡലത്തിൽ ഡിസം: ആറിന് എം.ഇ.എസ് അസ്മാബി കോളേജ് ഗ്രൗണ്ടിൽ നടക്കുന്ന നവ കേരളസദസിന്റെ പ്രചാരണാർത്ഥം ശ്രീനാരായണപുരം പഞ്ചായത്ത് നടത്തിയ മെഗാ തിരുവാതിരയിൽ ആയിരത്തിലധികം കലാകാരികൾ അണിനിരന്ന കലാപാടം മാറ്റുമ്പുറത്ത്. നാരായണ തിരുവാതിരയിൽ എം.ഇ.എസ് അസ്മാബി കോളേജിലെ 600 അധികം വിദ്യാർത്ഥിനികളും, പഞ്ചായത്ത് ജനപ്രതിനിധികൾ, ഭവനകാർ, കുടുംബശ്രീ പ്രവർത്തകർ, ആശുപത്രികൾക്കർ, തൊഴിലുറപ്പ് തൊഴിലാളികൾ, ഹരിതകർമ്മ സേന അംഗങ്ങൾ, ആരോഗ്യ പ്രവർത്തകർ, തിരച്ചെയ്യാല പ്രവർത്തകർ തുടങ്ങിയ നാനാതര കളിൽ നിന്നും ആയിരത്തിലധികം കലാകാരികളാണ് മെഗാ തിരുവാതിരയിൽ അണിനിരന്നത്. ഇ.ടി.ടെസസൻ എം.എൽ.എ ഉദ്ഘാടനം ചെയ്തു. ജില്ലാ കളക്ടർ കൃഷ്ണ തേജ ഭദ്രദീപം തെളിയിച്ചു. പഞ്ചായത്ത് പ്രസിഡന്റ് എം.എസ് മോഹനൻ അധ്യക്ഷത വഹിച്ചു. ബ്ലോക്ക് പഞ്ചായത്ത് പ്രസിഡണ്ട് സി.കെ. ഗിരിജ, സീരിയൽ ആർട്ടിസ്റ്റ് ഇഷാനി, ശ്രാമപഞ്ചായത്ത് പ്രസിഡണ്ട് മാരായ കെ.പി. റാജൻ, നീഷ അജി തൻ, സിനത്ത് ബഷീർ, വിനീത ഝോഹരിദാസ്, ടി കെ ചന്ദ്രബാബു, ജില്ലാ പഞ്ചായത്ത് അംഗങ്ങളായ കെ.എസ്.ജയസുഗത ശശിയുഗൽ, ജില്ലാ ലേബർ ഓഫീസർ എം.എ. ഷോവീൻ, സെക്രട്ടറി റഹ്മാൻ പി ആനന്ദ്, എം.ഇ.എസ് അസ്മാബി കോളേജ് മാനേജിംഗ് കമ്മിറ്റി പ്രസിഡന്റ് ആസ്മാബി അഷ്റഫ്, സെക്രട്ടറി അമ്പലമുക്ക് മമ്മൻ നവാസ്, കോളേജ് പ്രിൻസിപ്പൽ ഡോ.എ.ബിജു, വൈസ് പ്രിൻസിപ്പൽ ഡോ. റീന മുഹമ്മദ്, കോളേജ് യൂണിയൻ ചെയർമാൻ പി.എസ്. ലയ, തിരുവാതിര കോഡിനേറ്റർ ഡോ.ധനു സാസാരിച്ചു.

SEMINAR ON FOREST RIGHTS AND TRADITIONAL RESOURCE MANAGEMENT FOR TRIBAL COMMUNITIES OF NILAMBUR.



Project Officer,
ITDP, Nilambur.



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E- 5710/2007

Date : 12.12.2019

Duty Certificate

Dr. Amitha Bachan K. H. Asst. Prof. and Msc students 1) Devika M Anikumar, 2) Anila K.T. 3) Deepika V, 4) Fidha P, 5) Sidhardh AS Kumar, Research department of Botany, MES Asmabi College P. Vemballur conducted a seminar at Mundakkadvu and Nedunkayam Tribal Colonies in malappuram District on 12/12/2019 organised by ST Development department (ITDP Nilambur)



Project Officer
ITDP, Project, Nilambur

College and Home bill foundation organised a seminar on Forest Rights and Traditional Management for tribal Communities of Nilambur on 12-12-2019. This programme was organised by ST Development Department

EXHIBITION OF INDEGENIOUS FISHING NETS



College conduct an exhibition of traditional fishing nets commonly used in Kerala.



VISIT TO THE KOVILAKAM OF KODUNGALLUR KUNIKUTTAN THAMPURAN



PG students and the Faculty of the Research & PG Department of English, MES Asmabi College visited Kodungallur Kovilakam on 19th January 2023 to delve into the legacy of Kerala Vyasana Kodungallur Kunhikuttan Thampuran who is renowned for his invaluable contribution to the Malayalam language through the translation of Mahabharata. The students had the opportunity to interact with Dilip Kumar Varma, the ninth generation descendant of Thampuran. A retired naval architect and now residing in Bangalore, Dilip Kumar Varma elaborated on Kunjikuttan Thampuran's significant contribution to the Malayalam language, offering the students a deeper understanding of his invaluable role in shaping the cultural landscape. Dr. Reshmi S, Mrs. Sabitha M.M and Surendra Verma, were also present at the Kovilakam during this enlightening encounter.

STUDY ON IMPORTANCE OF 'POTTUVELLARY'



The 'Pottuvellary' a traditionally grown cucumber endemic to our region which has gained place in one among the 37 Geographical Indicator. This miraculaus fruit given by nature to quench thirst and fatigue during heat. Pottuvellari is aptly called a wonder fruit as it causes fatigue and thirst immediately after eating it. We have socumented it and the infromation provided to the first (phase 2) PBR , People Biodiversity Register of an LSG in the state under the Biodiversity Act 2002. Students also prepared a short video on the cultivation of Pottuvellari

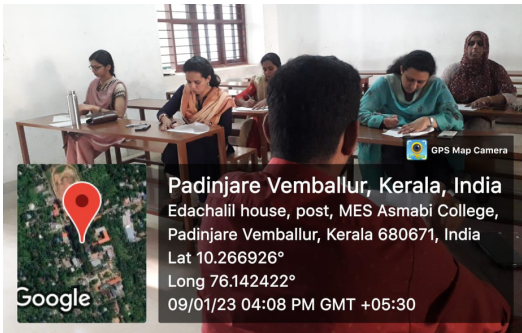
[CLICK HERE FOR THE YOU TUBE VIDEO](#)

HINDI DAY CELEBRATIONS

Every year Department of Hindi of the college observe 'Hindi Day' by organising seminars, talk and various competitions for students and teachers in Association with Hindi Prachar Sabha. Department and IQAC of the college conducted Three day national Seminar on 'Kumar Vimarsh' in association with Bharathiya Sahithya Prathishta, Kochi Chapter



എസ്.എൻ.പുരം അസ്മാബി കോളേജിലെ ത്രിദിന ദേശീയ സെമിനാർ എം.ഇ.എസ് സ്റ്റേറ്റ് ജനറൽ സെക്രട്ടറി കെ.കെ.കുഞ്ഞുമൊയ്തിൻ ഉദ്ഘാടനം ചെയ്യുന്നു



Padinjare Vemballur, Kerala, India
Edachalil house, post, MES Asmabi College,
Padinjare Vemballur, Kerala 680671, India
Lat 10.266926°
Long 76.142422°
09/01/23 04:08 PM GMT +05:30

എം.ഇ.എസ്. അസ്മാബിയിൽ ത്രിദിന ദേശീയ സെമിനാർ

എസ്.എൻ. പുരം എം.ഇ.എസ് അസ്മാബി കോളേജിലെ ഹിന്ദി വിഭാഗവും ഐ.ക്യു.എ.സി.യും ഭാരതീയ സാഹിത്യ പ്രതിഷ്ഠാൻ കൊച്ചി, കേരള സ്റ്റേറ്റ് റയർ എഡ്യൂക്കേഷൻ കൗൺസിലുമായി സഹകരിച്ച് 'കുമാർ വിമർഷ്' എന്ന വിഷയത്തിൽ ത്രിദിന ദേശീയ സെമിനാർ ആരംഭിച്ചു.

ത്രിദിന ദേശീയസെമിനാറിന്റെ ഉദ്ഘാടനം എം.ഇ.എസ് സ്റ്റേറ്റ് ജനറൽ സെക്രട്ടറി കെ.കെ.കുഞ്ഞുമൊയ്തിൻ നിർവഹിച്ചു. കോളേജ് പ്രിൻസിപ്പാൾ പ്രൊഫ. എ. ബിജു അധ്യക്ഷനായി. ഡോ: മോഹനൻ, ഡോ: റീന മുഹമ്മദ്, ഡോ: കെ.വനജ, ഡോ: സുമേഷൻ, ഡോ:അമിതാ ബച്ചൻ, ഡോ:ഷഹീർ പി.എസ്, ഡോ: സഞ്ജീവ് കുമാർ, നിഷ എന്നിവർ സംസാരിച്ചു.

മുൻ ദിവസമായി സംഘടിപ്പിക്കുന്ന ദേശീയ സെമിനാറിൽ ഡോ: വനജ, പ്രൊഫ. പ്രഭാകർ സിംഗ്, ഡോ: മോണിക ദേവി, നിനാ ശർമ്മ, മഹേന്ദ്ര ബിഷ്മ മൂവ്യ പ്രബന്ധങ്ങൾ അവതരിപ്പിക്കും. വിവധ കോളേജുകളിൽ നിന്നും യൂണിവേഴ്സിറ്റിയിൽ നിന്നും അധ്യാപകരും, ഗവേഷണ വിദ്യാർത്ഥികളും പ്രബന്ധങ്ങൾ അവതരിപ്പിക്കും.

SPECIAL COLLECTION OF RESOURCES OF INDIAN KNOWLEDGE SYSTEM IN THE LIBRARY

College Library have a rich collection of Books related to Indian Knowledge system .

