

with

SREE NARAYANA PURAM GRAMA PANCHAYATH

CMHEP CELL – MANONEETHAM PROGRAM REPORT 2022-2023

Team:

- 1. Lathif Penath (Program Coordinator & HoD, Department of Psychology).
- 2. Minsila Hilal (Asst. Professor, Department of Psychology.
- 3. Farhana Nasar (Asst. Professor, Department of Psychology).

Community Mental Health Enhancement Program (CMHEP) initiated by Department of Psychology, MES Asmabi College, P.Vemballur jointly collaborated with Sreenarayanapuram panchayat. The project 'SEP (Student Enhancement Program)' is under "Community Mental Health Enhancement Program (CMHEP). As part of the Project, Department of Psychology of MES Asmabi college is conducting various programs for the student enhancement and improvising their academic intelligence in Government and Aided schools under SN Puram Panchayath. It is community project with a huge aim.

The project was officially inaugurated after several meetings and orientation sessions regarding the implementation plans and expected outcomes, to the ward members and school teachers of SN Puram Gramapanchayath.



Programs conducted so far

CMHEP Project : Student Enhancement Program Inauguration – Manoneetham

The project was officially inaugurated on 14th October 2022 by MLA E T Tyson Master at MES FR UP School, Kodungalloor. The program was presided by M S Mohanan, President, SN Puram Gramapanchayath. The program included all ward members and principals of schools in Sreenarayanapuram panchayath. Coordinator Sri. Lathif Penath detailed about the implementation ideas of the project. Adv. Navas Kattakath, Secretary & Correspondent, MES Asmabi College, Dr. A Biju, Principal, MES Asmabi College, Dr. K P Sumedhan, Director Self financing departments, MES Asmabi College, Students and Faculty members of the department of Psychology has participated in the program.



Hands on Training for all Upper Primary school teachers in SN Puram Gramapanchayath to recognize and rule out significant developmental issues and childhood related concerns.150 hours of training was given in 15 sessions. The training was provided the faculty members Department of Psychology and liason officers.

Hands on training for Student mentors of Department of **Psychology**, which included recognizing developmental anomalies and other significant childhood related issues. The 30 hour training sessions were given in various sessions. The sessions and case demonstration sessions were led by Mr. Lathif Penath (Student Counsellor & HoD, Department of Psychology), Ms. Minsila Hilal (Consultant Psychologist & Asst. Professor, Department of Psychology), Ms. Farhana Nasar (Asst. Professor, Department of Psychology). 49 student mentors of the department of Psychology has undergone 6 hour monthly field training in the school for case management and assessment.

Case Management Workshop was conducted on 16th January 2023. The session was led by Ms. Pulari C, Rehabilitation Psychologist and Research Scholar at Prajyoti Niketan College, Puthukkad. The students were given essential training on case management, mental status examination and clinical case reporting.

The CMHEP project is ongoing. The phase 2 of the project will be started from June 2023 onwards, with the training for new student mentors.





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MEMORANDUM OF UNDERSTANDING SREE NARAYANAPURAM GRAMA PANCHAYATH AND

DEPARTMENT OF PSYCHOLOGY MES ASMABI COLLEGE, P VEMBALUR

This memorandum of understanding entered on 14 OCTOBER 2022 between Department of Psychology, MES Asmabi College, P.Vemballur, represented by Principal of MES Asmabi College, Sri. Dr. A Biju (here in after referred to as the first party) which term shall mean and include its successors, representative etc. Sreenarayanapuram Panchayath, represented by its President Sri. M. S Mohanan (here in after referred to as the second party).

(First Party) Dr. A Biju Principal MES Asmabi College, P. Vemballur



(Second Party)

M.S Mohanan President Sreenarayanapuram Grama Panchayath Kodungalloor

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2.8 SEP 2022.

Whereas the First Party, Department of Psychology, functioning under MES Asmabi College, which is a premier education institution Managed by Muslim Education Society (Regd.) Calicut since 1968. It is affiliated to the University of Calicut. The department has three faculty members who are trained professional Psychologists too and 3 UG classes with approximately 130 Psychology students.

Whereas the second party Sreenarayanapuram Panchayath, headed by its President and members. Under which comes the Govt and aided schools to whom the first party will be giving mental health services.

The general objective of this memorandum of Understanding (MoU) is to stimulate and facilitate the development of collaborative and beneficial programs to enhance school students' psychological wellbeing and Academic performance. The project 'SEP (Student Enhancement Program)' is under "Community Mental Health Enhancement Program (CMHEP)" initiated by Department of Psychology, MES Asmabi College, P.Vemballur for the development of school students' academic and overall psychological wellbeing in Sreenarayanapuram Panchayath. As part of the Project, there will be programs initiated by Department of Psychology of MES Asmabi college for the Government and Aided schools under SN Puram Panchayath.

ROLES AND RESPONSIBILITIES

The first party shall

- 1. Training for the teachers from the schools of SN Puram Panchayath by the Psychology Professionals. The training will be conducted separately for teachers of each school.
- 2. Psychological Evaluations for Students and Parents, regarding the academic, psychological functioning, wellbeing and intra familial factors relevant to the mentoring program.
- 3. Providing Mentors to school students who will be psychology graduation students, trained specifically for the Student Enhancement Program, who are aware of the ethical obligations and their professional boundary.
- 4. The mentors will be providing guidance and training for students to enhance their skills and abilities for better wellbeing and Academics. The medium of instructions and guidance would be Malayalam.
- 5. Evaluating the data collected from the students and family in order to plan better interventions for better outcomes.

(First Party) Dr. A Biju Principal MES Asmabi College, P. Vemballur

(Second Party) M.S Mohanan

President Sreenarayanapuram Grama Panchayath Kodungalloor 6. Provide Counselling for the students who are facing significant mental health concerns or any other psychological issues that needs to be addressed. And the session will be handled by Consultant Psychologist.

The second party shall

- 1. Facilitate the access to schools and students.
- 2. No teachers, staffs or members of SN Puram Panchayath can access the personal details of the student or family other than for the purpose of Student Enhancement Program
- 3. Ensure confidentiality
- 4. Getting consent from students and parents
- 5. Provide physical facilities or space for the intervention
- 6. Provide time and schedule for the interventions and Programs planned by Department of psychology MES Asmabi College.

RECORD KEEPING AND ETHICAL OBLIGATIONS

- 1. The files and details regarding the research, psychological evaluation of school students under this project will be kept by the first party.
- 2. The in charge of the case file details will be first party.
- 3. The first party will have the rights to publish research conducted under this project by maintaining all the ethical conditions.
- 4. No unethical experiment shall be conducted under this project.
- 5. All the programs being planned and conducting under this project shall be transparent and taken proper consent from second party before implementation.

FINANCIAL AID

• The first party can seek or receive financial aid for the purpose of this programme in way of Remuneration, Infra structure, Psychometrics, Office Accessories, Technological accessories and transportation from external sources or from Sreenarayanapuram Gramapanchayath.

(First Party)

Dr. A Biju Principal MES Asmabi College, P. Vemballur



M.S Mohanan President Sreenarayanapuram Grama Panchayath Kodungalloor

(Second Party)



DURATION AND TERMINATION

- 1. This agreement will be in force from 14th OCTOBER 2022 till the end of 01 JUNE 2025 2. The duration of the project will be 4 years
- 3. The duration of the SEP is 3 months for a student. The training duration will vary according to the student's development.
- 4. Both parties has the right to cancel this MoU with 30 days written notice to the other
- 5. The Second party will not have access to the SEP program once terminated, and cannot replicate the service with other institution or party, provided by the First Party.

DISPUTES

- Any disputes shall be communicated in writing or email to each other and to the Governing Council and shall be decided upon mutually agreed terms within a period of one month on receiving the notice/communication.
- This agreement shall be governed by the Law of India subject to the jurisdiction of • Courts in Kerala.

The aim of the Memorandum of Understanding shall be to achieve a broad balance in the respective contributions and benefits of the collaboration and this shall be subject to periodic review by both parties.

IN WITNESS WHERE OF:

In witness where of parties here affix their signature to this franchise MOU on the day, month and year here in the above first mentioned.

Witnesses:-

P. Vemballur

1.

2.

(First Party) Dr. A Biju Principal MES Asmabi College,



(Secondy Party) M.S Mohanan President

Sreenarayanapuram Grama Panchayath Kodungalloor