

OUTCOMES OF EXTENSION ACTIVITIES



Outcomes of Extension activities in the neighborhood community in terms of impact and sensitizing the students to social issues for their holistic development during the last five years.



**MES ASMABI COLLEGE,
P.VEMBALLUR**

Introduction

MES Asmabi College is deeply committed to integrating community engagement through extension activities, serving as a fundamental pillar of our educational philosophy. Actively involving students in these initiatives yields a myriad of outcomes, ranging from practical experience to the promotion of civic responsibility. By fostering connections with professionals and potential employers, students not only gain networking opportunities but also enhance their personal growth. Exposure to diversity becomes a catalyst for critical thinking, while leadership development takes center stage. The extension activities undertaken by the college play a pivotal role in preparing students for the challenges of both academia and the real world, contributing significantly to their holistic development. The extension activities undertaken by the college during the last five years and their outcomes are listed below



1. Assistance to the underprivileged

Home for the homeless



Constructed house for a student in 2018 and completed the construction works of partially completed houses of two students and an office staff in 2022.

Abhayam project 2022-23

In 2023 through Abhayam Project constructed a house for the student which costs 8 lakhs. The project was introduced by NSS to provide at least one house to the needy per year.



Outcome

Engaging students in extension activities like constructing homes for the homeless can have a profound impact. It fosters empathy, social awareness, and a sense of responsibility, contributing to their holistic development. These experiences often enhance students' understanding of societal issues, encouraging a lifelong commitment to social responsibility and community service.



Distribution of Mobile Phones

During the Covid pandemic 40 mobile phones were distributed to the financially backward students. Mobile phones were sponsored by the Alumni and Teachers



Outcome

Providing free mobile phones as part of extension activities can enhance students' awareness of social issues by connecting them to real-world challenges. This initiative may broaden their perspectives, encourage collaboration, and empower them to address issues like digital inequality. During Covid pandemic these students get the opportunity to attend online classes



'Onapudava' to Poor People

College distributed 'Onapudava' (New Dress to celebrate Onam festival) to local aged people as part of Onam celebrations.



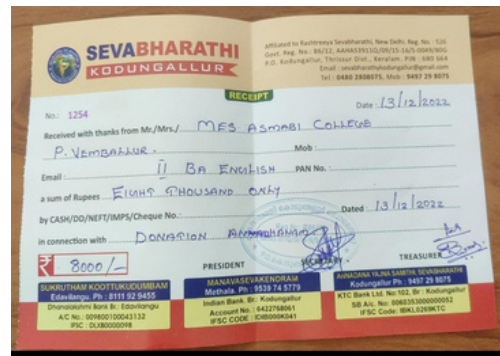
Outcome

Distributing free dresses to the less fortunate during a festival can instill empathy and social consciousness among students. This initiative not only provides tangible support but also fosters a deeper understanding of economic disparities. Engaging in such activities contribute to the holistic development of students by promoting compassion, gratitude, and a commitment to addressing societal needs



Orphanage, Special School Visit

Students visited Orphanages, donated gifts, and contributed money for their welfare. They conducted various cultural programmes and interacted with the inmates of the Orphanage. Students from various departments, NCC cadetes and NSS Volunteers visit such institutions every year



Outcome

Visiting orphanages and special schools, coupled with donations, can significantly impact students' holistic development. This hands-on experience fosters empathy, compassion, and an understanding of diverse needs within society. The act of giving gifts and money not only provides tangible support but also cultivates a sense of social responsibility among students, contributing to their overall personal and ethical growth.



Old Age Home Visit

Students from various departments, visit old age homes and organise various entertainment programmes for the inmates and also interact with them



Outcome

Visiting old age homes as an extension activity cultivates empathy, respect for the elderly, and an awareness of issues related to aging and loneliness. Interacting with residents promotes meaningful connections and may inspire students to advocate for senior citizens' well-being. Overall, this experience contributes to the students' social consciousness and personal growth.



E Waste collection



College participated in the one day e-waste collection drive as part of Swachh Bharat Mission/ Clean India Mission of the Central Government of India on 28th February 2023. 21 wards of S N Puram panchayat were chosen for this mission.

Outcome

Engaging in the collection of e-waste as an extension activity raises awareness about environmental issues, the importance of responsible waste disposal, and the potential hazards of electronic waste. This initiative not only contributes to ecological sustainability but also instills a sense of environmental responsibility in students, fostering their overall awareness and commitment to social and global issues.



2. Psychological Support to the Society

Seminars for Society

MES ASMABI COLLEGE
DEPARTMENT OF PSYCHOLOGY & IQAC

WORLD MENTAL HEALTH
MONTH OBSERVATION 2020

Theme : Mental Health for all Greater Investment -
Greater Access

ON 17 , 24 & 31 OCTOBER 2020

DAY 1
17 OCTOBER 2020
Time 10 Am to 12:30 Pm

Ishant Kumar
Clinical psychologist
NIMHANS, Bangalore
Topic: IMPACT OF PANDEMIC ON MENTAL
HEALTH: INDIAN PERSPECTIVE

DAY 2
24 OCTOBER 2020
Time 10:00 Am to 11:30 Am

T P Jawad
Clinical psychologist Human
care foundation, Calicut
Topic: FAMILY MENTAL HEALTH:
DYNAMICS AND RESILIENCE

DAY 3
31 OCTOBER 2020
Time 10:00 Am to 11:30 Am

Fathima Kareem
Disability Management Officer
(Clinical Psychologist),CDMRP
Department of Psychology University of Calicut
Topic: ROLE OF COMMUNITY IN MENTAL
HEALTH: AN OVERVIEW

Platform
Google meet

Focused population : Psychology Students and Professionals
E - certificate will be provided

For Free Registration click here

For queries: 7356226033 ,7034645860

Psychology
Circle

COMMUNITY CIRCLE
SUICIDE PREVENTION
PROGRAM 2020

In Association With
DEPARTMENT
OF PSYCHOLOGY
MES ASMABI
COLLEGE
VENBALLUR

WEBINAR ON
**GATE KEEPER
TRAINING**
FOR PARENTS, STUDENTS AND TEACHERS

Resource Person
SONU S DEV
Clinical Psychologist
Human Care Foundation, Calicut.
General Secretary,
Psychology Circle.

14 SEPTEMBER 2020 - MONDAY 11.00am - 12.30pm **zoom**

Reach us on | www.psychologycircle.in | mail.psychologycircle@gmail.com

Webinar series and campaign covering different topics were taken up by Department of Psychology for the psychological well-being of the society.

Outcome

Offering psychological support to society enhances their understanding of mental health issues, nurtures empathy, and develops crucial interpersonal and communication skills. By engaging in this activity, students not only provide valuable support to individuals in need but also gain insights into the complexities of mental well-being, contributing to their overall awareness and commitment to addressing social issues.

Mental Health Awareness Programme



The program was conducted by The Department of Psychology, for women in Ward 4, SN Puram Panchayath. It was an interactive session regarding the present mental health care system and possibilities.

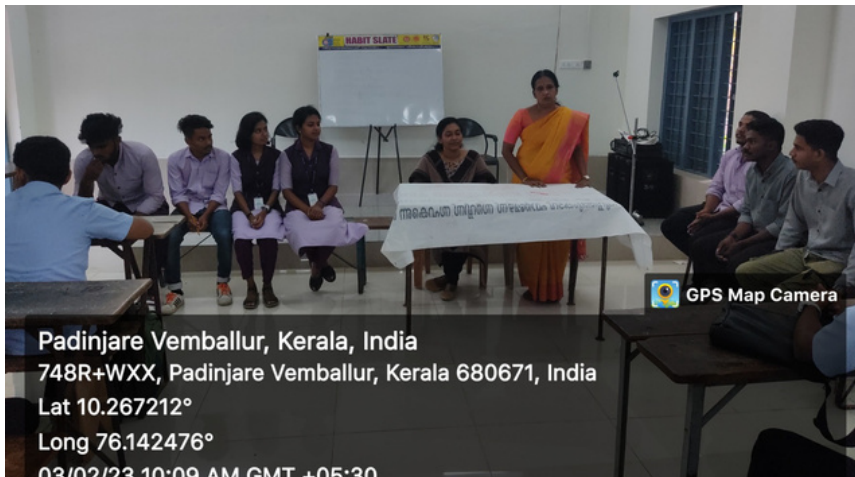


Students and faculties of the Department of Psychology participated in the program, along with 50 women in Ward 4.

Outcome

Conducting mental health awareness programs sensitizes the students to the importance of mental well-being, reduces stigma surrounding mental health issues, and equips them with valuable communication and empathy skills. By addressing a crucial societal concern, students not only contribute positively to the community but also foster a deeper understanding of social issues, promoting a holistic approach to personal and social development.

Awareness Talks

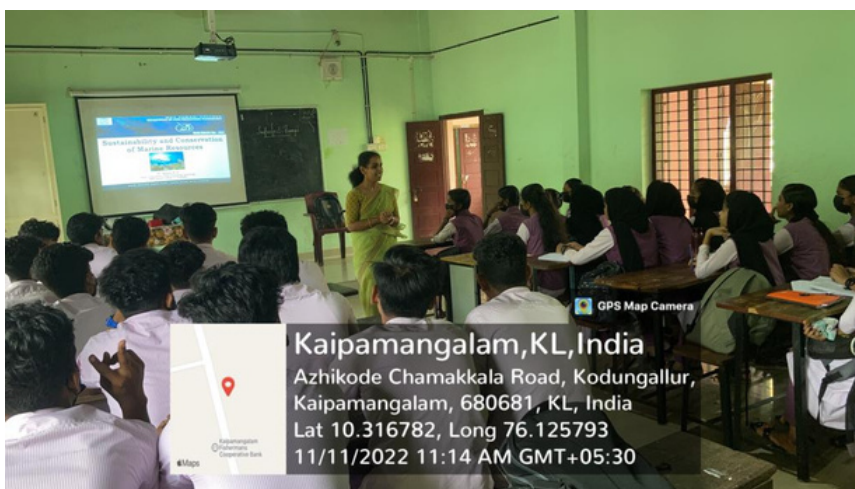


A talk on ' Marine resources' for the Vocational Higher Secondary students



Outcome

Conducting awareness talks among peers in the society enhance the students communication skills, encourage leadership, and deepen their understanding of prevalent social issues. This activity fosters a sense of responsibility as students actively contribute to educating and sensitizing their peers. It promotes a culture of shared knowledge, empathy, and community engagement, contributing to the students' overall personal and social growth.



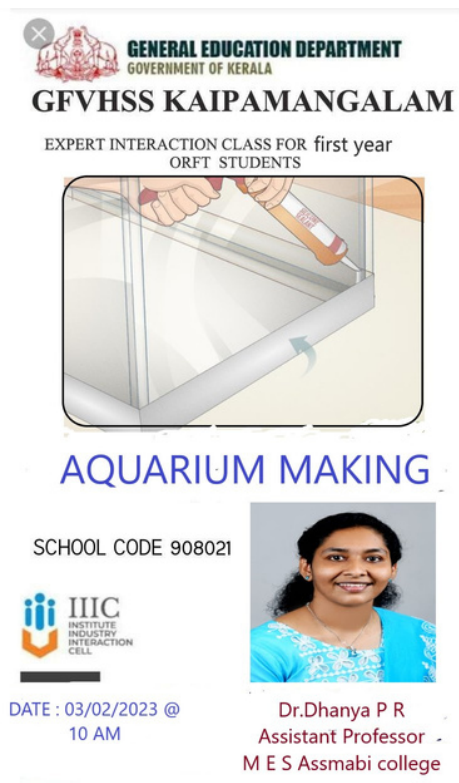
An awareness programme conducted about 'Marine resources' at GFVHSS Kaipamangalam.

3. Activities for community services

Translation Bureau

It provided the public with the opportunities for translating the documents like visa, passport, driving license, contracts, agreements etc.

Aquarium making workshop for School Students



GENERAL EDUCATION DEPARTMENT
GOVERNMENT OF KERALA
GFVHSS KAIPAMANGALAM
EXPERT INTERACTION CLASS FOR first year
ORFT STUDENTS

AQUARIUM MAKING

SCHOOL CODE 908021

DATE : 03/02/2023 @ 10 AM

Dr. Dhanya P R
Assistant Professor
M E S Assmabi college

An Aquarium making workshop at GFVHSS Kaipamangalam.

Outcome

Conducting aquarium-making workshops for HSS Students and society can enhance their creativity, communication skills, and teamwork while also promoting environmental awareness. Through such activities, students can foster a sense of responsibility for aquatic ecosystems and the importance of sustainable practices. This hands-on experience contributes to their personal and social development by encouraging a deeper understanding of environmental issues and promoting a holistic approach to addressing societal concerns.



Distribution of First aid Kit and Ecofriendly Products

Distribution of first aid kit, paper bag and paper pen to the students of IMUP School Azhicode.



Coopz Moxie
ED CLUB - MES ASMABI COLLEGE

Introduces
CLOTH SHOPPING BAG CAMPAIGN
ഒരു വീട്ടിലേക്ക് ഒരു തൂണി സഞ്ചി

• Old Shirt + Rs.30 = Cloth Shopping Bag
• Commission @ Rs.5 per Bag
• Those who earns more commission will be awarded

Reduce Reuse Recycle

Dr. Princy Francis
Staff Co-ordinator, ED Club
MES Asmabi College
P.Vemballur

Make Cloth Bags, Make Waves!!!
An eco friendly measure

Nishad R R
Secretary, ED Club
MES Asmabi College
P.Vemballur
9633536959

Outcome

Engaging in the production and distribution of eco-friendly products in the society as an extension activity can promote environmental awareness, sustainable practices, and entrepreneurship skills. Students actively involved in this initiative contribute to reducing ecological footprints and addressing environmental challenges. This hands-on experience sensitizes them to broader social issues, encouraging a commitment to responsible citizenship and sustainable living. Overall, the extension activity fosters a sense of environmental responsibility and well-rounded personal and social development among students.

Communal Harmony Programmes



എസ്.എൻ.പുരം എം.എസ്. അസ്മാബി കോളജ് ഓണ സൗഹൃദ സദസ്സ് ഗ്രാമപഞ്ചായത്ത് പ്രസിഡന്റ് എം.എസ്.മോഹനൻ ഉദ്ഘാടനം ചെയ്യുന്നു

എം.ഇ.എസ്. അസ്മാബി കോളജ് ഓണ സൗഹൃദ സദസ്സ്

എസ്.എൻ.പുരം മാനവരജ്ഞാനം നേടുന്ന പേരുകൾക്കു നന്നായ സുന്ദര സാഹിത്യത്തിന്റെ സാക്ഷാത്കാരത്തിന് ഉണർത്തൽ പാട്ടായി എം.ഇ.എസ്. അസ്മാബി കോളജ് മാനേജ്മെന്റ് കമ്മിറ്റി സംഘടിപ്പിച്ച ഓണ സൗഹൃദ സദസ്സ് കോളജ് മാനേജിംഗ് കമ്മിറ്റി ചെയർമാൻ ആസ്പിൻ അഷ്റഫിന്റെ അദ്ധ്യക്ഷതയിൽ നടന്ന ചടങ്ങിൽ എസ്.എൻ.പുരം ഗ്രാമ പ്രസിഡന്റ് എം.എസ്.മോഹനൻ ഓണ സൗഹൃദ സദസ്സ് ഉദ്ഘാടനം ചെയ്തു. എം.ഇ.എസ്.സംസ്ഥാന ജനറൽ സെക്രട്ടറി കെ.കെ.കുഞ്ഞുമ്മയ്ക്കൽ മുഖ്യ പ്രഭാഷണം നടത്തി. എം.ഇ.എസ്. ജില്ലാ പ്രസിഡന്റ് വി.എം.അഷ്റഫ്, ജില്ലാ സെക്രട്ടറി പി.കെ.മുഹമ്മദ് ഷമീർ, എം.ഇ.എസ്. അസ്മാബി കോളജ് മാനേജിംഗ് കമ്മിറ്റി പ്രസിഡന്റ് മുഷ്തഖ് മൊയ്തീൻ എന്നിവർ സംസാരിച്ചു.

വാർഡ് മെമ്പർമാരായ കൃഷ്ണേന്ദു പി.യു.ശ്രീമതി പ്രകാശിനി മുല്ലശ്ശേരി, രേഷ്മ വിപിൻ, പൂവത്തുംകടവ് സഹകരണ ബാങ്ക് പ്രസിഡന്റ് എം.ആർ. ജോഷി, നാടക ചെയിതാവ് സോമൻ താമരക്കുളം, അലുറണി അസോസിയേഷൻ പ്രസിഡന്റ് ശ്രീധരൻ മാസ്റ്റർ, പി.ടി.എ. വൈസ് പ്രസിഡന്റ് മുഹമ്മദ് അഷ്റഫ്, ഡോ. കെ.പി. സുമേന്ദൻ, നാടക പ്രവർത്തകരായ സുധീഷ് അമ്മവിട്, ആദിത്യൻ കാതികോട്, സാംസ്കാരിക പ്രവർത്തകനായ ഇഖ്ബാൽ തുടങ്ങിയവർ സൗഹൃദ സദസ്സിന്റെ ഭാഗമായി. തങ്ങളുടെ ഓണ സ്മരണകൾ പൂതു തലമുറയുമായി പങ്കു വെച്ചു. തുടർന്ന് വിദ്യാർത്ഥികൾ അവതരിപ്പിച്ച വിവിധ കലാപരിപാടികൾ അരങ്ങേറി. എം.ഇ.എസ്. ഓരവാഹികൾ, അധ്യാപക അനുമുദാപക ജീവനക്കാർ, വിദ്യാർത്ഥികൾ, പൂർവ്വ വിദ്യാർത്ഥികൾ എന്നിവർ സംബന്ധിച്ചു. കോളജ് വൈസ് പ്രിൻസിപ്പാൾ ഡോ.നിനാ മുഹമ്മദ് സാഗതവുമുടേയും കോളജ് മാനേജിംഗ് കമ്മിറ്റി സെക്രട്ടറി ആന്റ് കൗൺസിലർമാരുടെയും അധ്യക്ഷതയിൽ നന്ദിയും രേഖപ്പെടുത്തി.



College Organised 'Ona Sawhrda Sadas' on 23rd August 2023. Famous personalities from different communities and disciplines shared their Onam memories. Onam is celebrated in Kerala by all people irrespective of caste, creed and religion.

Outcome

Organizing communal harmony programs in the society as an extension activity can have a profound impact on students' holistic development. It promotes cultural understanding, tolerance, and social cohesion. Students actively participating in such initiatives contribute to community building and conflict resolution skills. This experience sensitizes them to the importance of diversity and unity, fostering empathy and a commitment to social harmony. Overall, the extension activity encourages well-rounded personal and social development among students by emphasizing the values of inclusivity and respect for all.

Equipments to Emergency Care Centre



College donated emergency equipments including wood cutting machine to the Emergency Care Centre started at SN Puram to help provide in emergency situations in natural calamities including flood

Outcome

Donating necessary equipment to an emergency natural disaster care center as an extension activity can significantly impact students' holistic development. It instills a sense of social responsibility, empathy, and a proactive approach to addressing urgent community needs. Students actively participating in such initiatives contribute directly to disaster relief efforts, fostering a heightened awareness of societal vulnerabilities. This experience sensitizes them to broader social issues, encouraging a commitment to community service and preparedness. Overall, the extension activity promotes well-rounded personal and social development among students by emphasizing the values of solidarity and proactive engagement in times of crisis.



Flood Relief & Cleanings Activities



Outcome

Participating in flood relief activities instills a sense of empathy, resilience, and community service. Students actively engaged in relief efforts contribute directly to assisting those affected by floods, fostering a heightened awareness of the impact of natural disasters. This experience sensitizes them to broader social issues, promoting a commitment to humanitarian causes and community well-being. Overall, the extension activity encourages well-rounded personal and social development among students by emphasizing the values of compassion and proactive engagement in addressing societal challenges.



Free Mammogram and Scanning Camp

The college in association with Cochin Cancer society, and SN Puram grama Panchayath organized free Breast Cancer Detection Camp to all ladies above 40 years of age of the SN Puram Panchayath. The Camp was conducted for two Weeks in our Campus

പുതിച്ചിട്ടുള്ള നൽകുക. പുതിച്ചിട്ടുള്ളവർ ബുദ്ധിമുട്ടുള്ളവർ വരുന്ന സന്നദ്ധ പ്രവർത്തകരുടെ സഹായം തേടുക. നമ്മുടെ രാജ്യത്ത് നിന്ന് മരണപ്പെടുന്നവരുടെ എണ്ണം കുറയ്ക്കാനും ക്യാൻസർ എന്ന രോഗി പരീക്ഷണത്തിൽ പങ്കെടുക്കാം.

ഡോ. എ. ബിജു (പ്രിൻസിപ്പൽ) ഡോ. നസീർ ഹുസൈൻ (സൂപ്പർ & കൗൺസിലർ) എം.എസ്.ജോൺ (പ്രിൻസിപ്പൽ, എൻ.എൻ.എസ്. ഗവൺമെന്റ്)

ഡോ. അൻസാർ ഇ.ബി. ഡോ. പ്രിൻസിപ്പൽ (ഡാൻസിംഗ്) എൻ.എസ്.എസ്. പ്രൊഫസ്സർ ഓഫ് മെഡിസിൻ MES അസിസ്റ്റന്റ് കോളേജ്



സമയവും രണ്ടാംപുഴുവും

- ബോധവൽക്കരണം
- സർവ്വേ
- പരിശോധന
- സൗജന്യ മാർഗ്ഗനിർദ്ദേശം

ഫോൺ : 9447640716, 9539669000, 9388657610

കൊച്ചിൻ ക്യാൻസർ സൊസൈറ്റി

IIIrd ഫ്ലോർ പാലക്കാട് പൊതുമണ്ണ്, സിവിൽ റോഡ് പാലക്കാട് കൊച്ചിൻ - 682025, ഫോൺ : 6480 2349136

Health Aid
For a Palatine World

കുടുംബം വീട്ടിൽ മുഹമ്മദാബി സ്മാരക മന്ദിരം മതിലകം പാലക്കാട് സമീപം, പി.ഒ. പാലക്കാട് - 680 688

ടി.എ. പ്രൊഫസ്സർ (ചെയർമാൻ) ടി.സി. വാണിയമണി (സെക്രട്ടറി)

ശ്രീനാരായണപുരം ഗ്രാമപഞ്ചായത്ത് MES അസിസ്റ്റന്റ് കോളേജ് പി.ഒ.സെല്ലർ



Outcome

Organizing a free cancer detection and mammogram camp addresses a critical health issue, raising awareness about cancer prevention and early detection. Students actively involved in such a camp contribute to community well-being and healthcare accessibility. This experience sensitizes them to the broader social issues related to healthcare disparities and the importance of preventive measures. By participating, students cultivate empathy, communication skills, and a commitment to making a positive impact on society, promoting their 'holistic development.'

Hon. VC of Calicut University visited the Camp



Palliative Care



Outcome

Engaging in palliative care activities nurtures empathy, compassion, and a profound understanding of end-of-life care. Students actively participating in such activities contribute to enhancing the quality of life for individuals facing terminal illnesses, fostering a heightened awareness of the importance of compassionate healthcare. This experience sensitizes them to broader social issues related to health disparities and the needs of vulnerable populations. By participating, students develop strong communication skills, emotional intelligence, and a commitment to making a positive impact on society.



AC and Study Equipments to Buds Centre



Outcome

Donating study equipment to Buds center fosters a sense of social responsibility, empathy, and a commitment to education accessibility. Students actively participating in such initiatives contribute directly to enhancing educational opportunities for those in need, fostering an awareness of educational disparities. This experience sensitizes them to broader social issues, encouraging a commitment to equal access to learning resources.



Passport Registration Campaign



Outcome

Passport registration campaign promotes organizational and leadership skills while contributing to community awareness about documentation and identity. Students actively involved in this campaign play a role in facilitating access to essential documents, fostering a heightened awareness of bureaucratic challenges faced by certain demographics. This experience sensitizes students to broader social issues, e

MES ASMABI COLLEGE

Passport Registration Campaign

Required Documents

SSLC certificate and Aadhar card

FOR MORE DETAILS

+91 70343 09577
+91 94975 96660

[Bvoc stories](#)

MES ASMABI COLLEGE

TOURISM DEPARTMENT AND IBN BATTUTA
PRESENTS

**PASSPORT REGISTRATION
CAMPAIGN**

On monday 29 03 2022

RATE 1750

SPECIAL OFFER FOR FIRST 10
PERSON

‘EMBRACE’

A 3 day residential camp for differently abled students and their parents in collaboration with Kerala Autism Club



Outcome

Attending a residential camp with differently-abled students fosters empathy, understanding, and inclusivity. Through interaction with differently-abled individuals, students gain insights into the challenges they face, promoting a heightened awareness of social issues related to accessibility and inclusiveness. This experience encourages students to develop interpersonal skills, resilience, and a commitment to creating a more inclusive society. Overall, the extension activity contributes to well-rounded personal and social development among students by emphasizing the values of diversity, empathy, and social inclusion.



Hair Donation Camps



**NATIONAL SERVICE SCHEME
UNITS 53 & 95
MES ASMABI COLLEGE, P.VEMBALLUR**
Affiliated to University of Calicut



HAIR DONATION CAMP

**15 MARCH
2022
10.30 AM**

IN COLLABORATION WITH
AMALA MEDICAL COLLEGE

VENUE
MES Asmabi College
P.Vemballur



എം. ഇ.എസ് യൂണിറ്റ് അംഗങ്ങളും കോളേജിന് നന്നാ കേരളത്തിൽ നടന്ന കോളേജിന് നന്നാ കേരളത്തിൽ പങ്കെടുത്തവർ

കേരളത്തിൽ ക്യാമ്പും രക്തദാന ക്യാമ്പും നടത്തി

കൊല്ലം ജില്ലയിൽ • അർബുദം ബാധിച്ചവർക്ക് സഹായകരമായ ക്യാമ്പും രക്തദാന ക്യാമ്പും നടത്തി. എം. ഇ.എസ് യൂണിറ്റ് അംഗങ്ങളും കോളേജിന് നന്നാ കേരളത്തിൽ പങ്കെടുത്തവർ.

എം. ഇ.എസ് യൂണിറ്റ് അംഗങ്ങളും കോളേജിന് നന്നാ കേരളത്തിൽ പങ്കെടുത്തവർ.

എം. ഇ.എസ് യൂണിറ്റ് അംഗങ്ങളും കോളേജിന് നന്നാ കേരളത്തിൽ പങ്കെടുത്തവർ.



Outcome

Participating in a hair donation camp can positively impact students' holistic development. It instills a sense of altruism, empathy, and a commitment to contributing to social causes. Students actively involved in donating hair contribute to supporting individuals facing medical conditions that result in hair loss, fostering awareness about health challenges. This experience sensitizes students to broader social issues related to illness and the emotional aspects of coping with medical conditions. By participating, students cultivate compassion, understanding, and a commitment to making a positive impact on the well-being of others, contributing to their overall personal and social development.



Book Collection for Local Panchayat Library



Outcome

Collecting books from people and donating them to the local library promotes a sense of community service, responsibility, and a commitment to education. Students actively participating in this initiative contribute to enhancing access to knowledge and resources, fostering a heightened awareness of literacy and educational disparities. This experience sensitizes students to broader social issues, encouraging a commitment to promoting learning opportunities for all. Overall, the book collection and donation activity contribute to well-rounded personal and social development among students by emphasizing the values of education,



'Drivarkoru chaya'-A Tea to Driver

College participated in the program ' Drivarkoru chaya' , a collaborative initiative by Kaipamangalam Panchayat and Janamythri Police.

അപകടരഹിത പാതയ്ക്കായി കയ്പമംഗലത്തിന്റെ കരുതൽ
ചുക്ക് കാപ്പി വിതരണം
104-30
ദിനം
രാത്രി 12 മുതൽ പുലർച്ചെ 4.30 വരെ സ്ഥലം : കയ്പമംഗലം റോഡ്
ഇന്ന് (24.09.2023) നമ്മുടെ
3rd B.com CA Students
MES Asmabi College
സംഘടനം : കയ്പമംഗലം ഗ്രാമപഞ്ചായത്ത്, ജനമൈത്രി പോലീസ് & സന്നദ്ധ പ്രവർത്തകർ
രേഖാസംഗ്രഹം...
Cubes
Food 'n' Fun
4th Floor, SLR MALL
MOONNUPEEDIKA
88 91 60 88 99
FREE HOME
DELIVERY



Outcome

Collaborating with Janamithri police to provide free tea for night-driving drivers c instills a sense of community service, responsibility, and awareness of road safety issues. Students actively participating in such initiatives contribute to promoting safe driving practices, fostering a heightened awareness of the challenges faced by night drivers. This experience sensitizes them to broader social issues, encouraging a commitment to public safety and community well-being. Overall, the collaboration with local police for providing free tea contributes to well-rounded personal and social development among students



Medical Camps



സൗജന്യ മെഡിക്കൽ ക്യാമ്പ്

2021 മാർച്ച് 27 തീയതിയിൽ
രാവിലെ 10 മണൽ ഉച്ചയ്ക്ക് 3 വരെ

എം. ഇ. എസ്. അസോസിയേറ്റ് കോളേജ് എൻ. എസ്. എസ്. യൂണിറ്റും, എ. ആർ. മെഡിക്കൽ സെന്റർ, ക്രോഫീറ്റ് കമ്പൗണ്ട് കോളേജ് യൂണിറ്റും സംയുക്തമായി എം. ഇ. എസ്. അസോസിയേറ്റ് കോളേജ് വിദ്യാർത്ഥികൾക്കും സ്റ്റാഫുകൾക്കും സംരംഭമായി മെഡിക്കൽ ക്യാമ്പ് 2021 മാർച്ച് 27 തീയതിയിൽ, രാവിലെ 10 മണൽ ഉച്ചയ്ക്ക് 3 വരെ കോളേജ് ക്യാമ്പിൽ വെച്ചു നടത്തുന്നു.

എ. ആർ. മെഡിക്കൽ സെന്ററിൽ ജനറൽ മെഡിസിൻ വിഭാഗം, ഡെന്റൽ കോളേജ് വിഭാഗം, അർത്ഥശാസ്ത്ര വിഭാഗം, ഇ. എൻ. ടി വിഭാഗം, ഡോക്ടർമാർ പങ്കെടുക്കുകയും സൗജന്യ കൺസൾട്ടേഷനും, സൗജന്യ മരുന്നുകൾ ഇടയാക്കിയവ വിതരണം ചെയ്യുന്നു.

എല്ലാവരും പങ്കെടുക്കണമെന്നുപേർപ്പെടുത്തുന്നു.

Dr. A Biju
Principal

Dr. Sheeba N. H.
NSS Programme Officer

Mr. Mohammed Areej E M
NSS Programme Officer

Hafeez
NSS Secretary

Anjali K.S.
NSS Secretary

Fahana K.N.
NSS Secretary

Vishnu
NSS Secretary

Outcome

Conducting free medical camps in the society fosters a sense of social responsibility, empathy, and community service. Students actively participating in such initiatives contribute to addressing immediate healthcare needs, fostering a heightened awareness of health disparities within the community. This experience sensitizes them to broader social issues, encouraging a commitment to promoting healthcare accessibility. Overall, the free medical camp activity contributes to well-rounded personal and social development among students by emphasizing values such as compassion, public health awareness, and active community engagement.

Medical camp was organized in association with AR Medical center, Kodungallur on 27-3-2021 for the staff and students of the college.

House Painting

Outcome

Engaging in the activity of voluntarily painting houses for the less fortunate can cultivate a sense of community service, teamwork, and pride in contributing to the well-being of others. Students actively participating in such initiatives contribute to improving living conditions, fostering a heightened awareness of housing disparities within the community. This experience sensitizes them to broader social issues, encouraging a commitment to social responsibility and community improvement. Overall, the house painting activity contributes to well-rounded personal and social development among students by emphasizing values such as empathy, collaboration, and active participation in creating positive societal change.



Thaluk Hospital Cleaning



Outcome

Participating in the activity of voluntarily cleaning a government hospital instills a sense of civic responsibility, teamwork, and pride in contributing to public welfare. Students actively involved in such initiatives contribute directly to improving healthcare environments, fostering a heightened awareness of the importance of cleanliness and hygiene in healthcare facilities. This experience sensitizes them to broader social issues, encouraging a commitment to public health and community well-being. Overall, the hospital cleaning activity contributes to well-rounded personal and social development among students by emphasizing values such as responsibility, collaboration, and active engagement in improving the overall quality of public services.



Beach Clean-Up

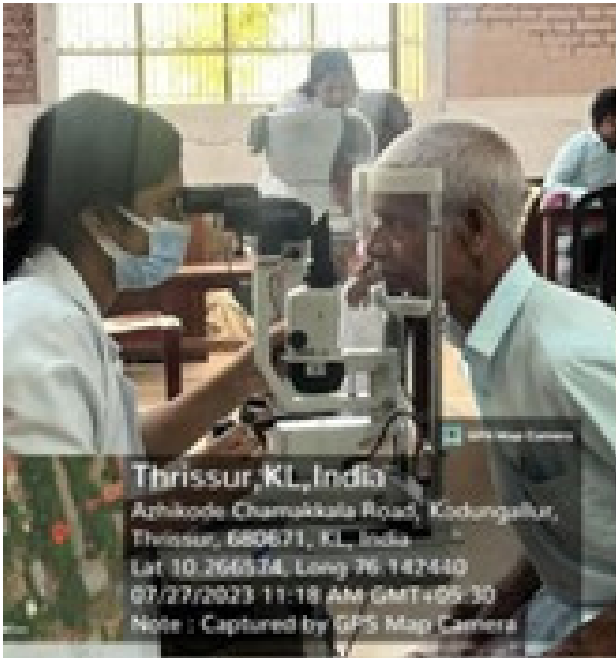


Outcome

Participating in the activity of cleaning the beach on World Ocean Day fosters a sense of environmental responsibility, teamwork, and awareness of marine conservation issues. Students actively involved in such initiatives contribute to preserving ecosystems, fostering a heightened awareness of the impact of pollution on oceans. This experience sensitizes them to broader social issues, encouraging a commitment to sustainable practices and the protection of natural resources. Overall, the beach cleaning activity contributes to well-rounded personal and social development among students by emphasizing values such as environmental stewardship, collaboration, and active engagement in addressing global challenges



Free Cataract Detection Camp



എസ്.എൻ.പുരത്ത് നടന്ന സൗജന്യ തിരിമിര രോഗനിർണ്ണയ ക്യാമ്പ് ഇ.ടി.സൈസൺ എം.എൽ.എ ഉദ്ഘാടനം ചെയ്യുന്നു

സൗജന്യ തിരിമിര രോഗനിർണ്ണയ ക്യാമ്പ്

എസ്.എൻ പുരം: എം.ഇ.എസ് അസ്മാബി കോളേജ് എൻ.എസ് എസ് യൂനിറ്റുകളുടെയും,പെരിഞ്ഞനം ലയൻസ് ക്ലബിന്റെയും ,കൊച്ചിൻ ഐ ഫൌണ്ടേഷൻറെയും സംയുക്ത ആഭിമുഖ്യത്തിൽ സൗജന്യ തിരിമിര രോഗ നിർണ്ണയ ക്യാമ്പ്, പ്രമേഹ നിർണ്ണയ ക്യാമ്പ് എന്നിവ സംഘടിപ്പിച്ചു.ലയൻസ് ക്ലബ് പ്രസിഡന്റ് ജിത്ത് മണ്ട്രതയുടെ അധ്യക്ഷതയിൽ നടന്ന ചടങ്ങിൽ കൈപ്പമംഗലം എം.എൽ.എ ഇ.ടി.സൈസൺ മാസ്റ്റർ ക്യാമ്പ് ഉദ്ഘാടനം ചെയ്തു.ചടങ്ങിൽ കോളജ് പ്രിൻസിപ്പാൾ പ്രൊഫ.ഡോ.എ.ബിജു,ഡോ.റിനാ മുഹമ്മദ്, ഡോ.അൻസാർ ഇ.ബി,ഡോ.പ്രിൻസി ഫ്രാൻസിസ്, ലയൺസ് ക്ലബ് ഭാരവാഹികളായ പ്രസന്നൻ തറയിൽ,ബിനോയ് സുധേഷ്, ജോഷി സെ.എസ്,ഷബുഖൻ വലിയ പറമ്പിൽ,സുരേഷ് ശാന്തി, എൻ.എസ്.എസ് വളന്റിയർ നിയാസ് തുടങ്ങിയവർ സംസാരിച്ചു. തുടർന്ന് ഇന്റർ നാഷണൽ ട്രെയിനർ ലയൺ.എഡിസൻ ഫ്രാൻസ് നയിച്ച മോട്ടിവേഷൻ ക്ലാസും നടന്നു.

Outcome

Organizing the free cataract detection camp cultivates a sense of empathy, responsibility, and community service. Students actively participating in such initiatives contribute to the early detection of eye issues, fostering a heightened awareness of healthcare disparities within the community. This experience sensitizes them to broader social issues, encouraging a commitment to promoting accessible healthcare. Overall, the cataract detection camp activity contributes to well-rounded personal and social development among students by emphasizing values such as compassion, health awareness, and active engagement in addressing community health needs.

Blood Donation Camps

Outcome

Blood donation camps cultivates a sense of altruism, community service, and responsibility. Students actively participating in such initiatives contribute to addressing crucial healthcare needs, fostering a heightened awareness of the importance of blood donation in saving lives. This experience sensitizes them to broader social issues, encouraging a commitment to public health and community well-being. Overall, the blood donation camp activity contributes to well-rounded personal and social development among students by emphasizing values such as empathy, civic engagement, and active participation in health-related societal issues.



Plastic Waste Separation Yanja

എടവിലങ്ങ് ഗ്രാഫവായത്ത്
മാലിന്യ മുക്ത നവകേരളം
പ്ലാസ്റ്റിക് വേർതിരിക്കൽ യജ്ഞം

NSS Unit no : 95
MES ASMABI COLLEGE, P.Vemballur
in association with
Haritha Karma Sena
on 10,11,12,13 October 2023 @ Kara ground



Outcome

Engaging in the plastic waste separation Yana, instills a sense of environmental responsibility, teamwork, and awareness of waste management issues. Students actively participating in such initiatives contribute to reducing plastic pollution, fostering a heightened awareness of the environmental impact of waste. This experience sensitizes them to broader social issues, encouraging a commitment to sustainable practices and the protection of the environment. Overall, the plastic waste separation activity contributes to well-rounded personal and social development among students by emphasizing values such as environmental stewardship, collaboration, and active engagement in addressing global challenges.



Student Enhancement Program



CMHEP
Community Mental Health Empowerment Program




മനോനീതം

കമ്മ്യൂണിറ്റി മെന്റൽ ഹെൽത്ത് എമ്പവർമെന്റ് പ്രോഗ്രാം



ഉദ്ഘാടനം
ബഹു: ഇ.ടി. സൈമൺ MLA
കൈപ്പമംഗലം മണ്ഡലം



അദ്ധ്യക്ഷൻ
ശ്രീ M S മാഹനൻ
പഞ്ചായത്ത് പ്രസിഡന്റ്
ശ്രീനാരായണപുരം പഞ്ചായത്ത്

പ്രിയപ്പെട്ടവരെ,

ശ്രീനാരായണപുരം ഗ്രാമ പഞ്ചായത്തിന്റെയും എം. ഇ. എസ് അസംബി കോളേജിന്റെയും സഹകരണ ആഭിമുഖ്യത്തിൽ 2022 ഒക്ടോബർ 14 വെള്ളിയാഴ്ച പകൽ 11 മണിക്ക് മനോനീതം CMHEP പദ്ധതിയുടെ പഞ്ചായത്ത് തല ഉദ്ഘാടനം എം. ഇ. എസ് ഫാത്തിമ റഹ്മാൻ UP സ്കൂളിൽ വെച്ച് ബഹു: കൈപ്പമംഗലം ഇ.ടി. സൈമൺ MLA നിർവ്വഹിക്കുന്നു.

CMHEP (കമ്മ്യൂണിറ്റി മെന്റൽ ഹെൽത്ത് എമ്പവർമെന്റ് പ്രോഗ്രാം) എന്ന് MES അസംബി കോളേജ് മനശാസ്ത്ര വിഭാഗത്തിന്റെ ഒരു സാമൂഹിക മാനസികാരോഗ്യ പരിപാലന പദ്ധതിയാണ്. ശ്രീനാരായണപുരം ഗ്രാമ പഞ്ചായത്തുമായി നടപ്പിലാക്കുന്ന ഈ പദ്ധതിയുടെ ആദ്യ ഭാഗമായി വിദ്യാർത്ഥികളുടെ പഠന സംബന്ധമായ വിഷയങ്ങളെ ദൃഢീകരിക്കുവാനും അവരുടെ മാനസികാരോഗ്യം മെച്ചപ്പെടുത്തലാണ് ലക്ഷ്യം. ഏവരെയും ഈ മനനിയ ഉദ്യമത്തിന്റെ ഉദ്ഘാടന വേദിയിലേക്ക് സന്തോഷം ക്ഷണിക്കുന്നു.

M S Mohanan
President
Seenarayanapuram Grama Panchayat

Dr. A Biju
Principal
MES Asmabi College

Latha M
Head Mistress
MES FR UP School

Lathif Penath
CMHEP Project Co-Ordinator.
Asst. Professor, MES Asmabi College.

As part of the project 'SEP (Student Enhancement Program)' which is under "Community Mental Health Enhancement Program (CMHEP).

The Department of Psychology conducted training program for their students to work as be student mentors and provide counselling services
By enhancement and improvising their academic intelligence in Government and Aided schools under SN Puram Panchayath.
It is community project with a huge aim

Outcome

Implementing a mental health program for school students as an extension activity can profoundly impact the holistic development of students and the peers . It fosters empathy, understanding, and a proactive approach to mental well-being. Students actively participating in such initiatives contribute to reducing the stigma surrounding mental health issues, fostering a heightened awareness of the importance of psychological well-being within the community. This experience sensitizes them to broader social issues related to mental health, encouraging a commitment to supporting the emotional well-being of others. Overall, the mental health program contributes to well-rounded personal and social development among students and trainers (College Students) by emphasizing values such as empathy, mental health awareness, and active participation in addressing societal concerns.



Free Blankets Distribution to Needy People



Outcome

Distributing free blankets to poor and needy people instills a sense of compassion, generosity, and awareness of socio-economic disparities. Students actively participating in such initiatives contribute to addressing immediate needs within the community, fostering a heightened awareness of homelessness and poverty. This experience sensitizes students to broader social issues, encouraging a commitment to social responsibility and community welfare. Overall, the blanket distribution activity contributes to well-rounded personal and social development among students by emphasizing values such as empathy, philanthropy, and active engagement in addressing basic needs within society

Distribution of tree saplings and vegetable seeds to needy People



the members of BMC supplied seeds of common vegetables and tree saplings for selected 25 houses in the Eriyad village on 17th October 2018. The distribution of tree saplings and vegetable seeds were carried out in the nearby Anganawadi.

Outcome

Engaging in the distribution of saplings and seeds of vegetables to local people in the society can have a positive impact on students' holistic development. It fosters environmental responsibility, community engagement, and awareness of sustainable practices. Students actively participating in such initiatives contribute to promoting green initiatives and sustainable living, fostering a heightened awareness of the importance of local agriculture. This experience sensitizes students to broader social issues, encouraging a commitment to environmental conservation and community well-being. Overall, the distribution of saplings and seeds activity contributes to well-rounded personal and social development among students by emphasizing values such as environmental stewardship, collaboration, and active engagement in addressing global challenges related to food security and sustainable agriculture.



Eco Restoration of Costal Biodiversity



Outcome

Conducting an awareness program on eco-restoration of coastal biodiversity for local ladies fosters environmental consciousness, community involvement, and gender inclusivity. Students actively participating in such initiatives contribute to promoting the restoration of coastal ecosystems, fostering a heightened awareness of the importance of biodiversity conservation.

The program sensitizes students to broader social issues, encouraging a commitment to sustainable practices and community education. Engaging with local ladies also promotes gender inclusivity and empowerment. Overall, the awareness program on eco-restoration of coastal biodiversity contributes to well-rounded personal and social development among students by emphasizing values such as environmental stewardship, collaboration, and active participation in addressing global challenges related to coastal ecosystems.



'Padheyam'

Students bring Padheyam (packed lunch) from their homes, which are collected at college and distributed to needy bystanders of Kodungallur Taluk Hospital



Outcome

Bringing food packets from home and distributing them to the needy people cultivates a sense of compassion, social responsibility, and an understanding of food insecurity. Students actively involved in such initiatives contribute directly to addressing immediate needs in the community, fostering a heightened awareness of socio-economic disparities. This experience sensitizes them to broader social issues, encouraging a commitment to helping those in need. Overall, the food distribution activity contributes to well-rounded personal and social development among students by emphasizing the values of generosity, empathy, and community service.



Training to 'Kudumbasree' Members



A training program for 20 Kudumbasree members of S N Puram Panchayath on 'Value added Seafood Products' on 6th February 2020.

A training program on Ornamental Fish Production to Kudumbasree units and students of Hamadaniya school of 17th ward of Eriyad Panchayat.



A training program on Paper Pen and Paper Bag making to Kudumbasree units of Eriyad Panchayath.

Outcome

Engaging in to train 'Kudumbasree' ladies in the preparation of value-added products, ornamental fish production, and eco-friendly products fosters a sense of community collaboration, mentorship, and women's empowerment. Students actively participating in such training contribute to the economic upliftment of local women, fostering a heightened awareness of gender-related issues and the importance of inclusive development. This experience sensitizes students to broader social issues, encouraging a commitment to empowering marginalized communities. Overall, the training activity contributes to well-rounded personal and social development among students by emphasizing skills, social responsibility, and the promotion of sustainable and inclusive practices.



Activities in Collaboration with Western Ghats Honbill Foundation

STUDENT PARTICIPATION IN PEOPLES BIODIVERSITY REGISTER PREPARATION



Five PG and two Research Fellows involved.
Prepared for BMC, Sree Narayan Puram Grama Panchayath.
An extension research activity of the Research Extension Centre of Hornbill Foundation in the campus affiliated with Research Department of Botany

ശ്രീനാരായണപുരം ഗ്രാമപഞ്ചായത്ത്

ജനകീയ ജൈവവൈവിധ്യ രജിസ്റ്റർ
രണ്ടാം പതിപ്പ് രജിസ്റ്റർ

2023

ബി. എം. സി.
ശ്രീനാരായണപുരം ഗ്രാമപഞ്ചായത്ത്
കേരള സംസ്ഥാന ജൈവ വൈവിധ്യ ബോർഡ്




Assessment of Flood Impact Biodiversity 2019



17 students from various departments participated as additional interns.
Experience in identification of plants, fish, and MFP of indigenous people and assessment of the impact of the flood in 2018
5 PG and 2 UG research projects done
The Kerala State Biodiversity Board published the report, acknowledging contributions from everyone who participated in the study.

Azadi Ka Amrit Mahotsav



Outcome

Cultural programs, exhibitions, documentary shows, public lectures, etc. conducted as part of Azadi ka amruth Mahotsav fosters a sense of unity, cultural understanding, and appreciation for diversity. Students actively participating in such initiatives contribute to promoting social cohesion and breaking down stereotypes, fostering a heightened awareness of the richness of their own and others' cultures. This experience sensitizes them to broader social issues, encouraging a commitment to fostering a harmonious and inclusive society. Overall, the mahotsav contributes to well-rounded personal and social development among students by emphasizing values such as cultural diversity, tolerance, and active engagement in building a cohesive community.



4. Social Service During Covid 19

Covid services to the needy people.

MGNCRE – Higher Education Institution – Each One Reach One Community Engagement Services Sharing the Information or Emotional Support) - Recognition & Appreciation	
College /University Name - MES ASMABI COLLEGE , P. VEMBALUR Affiliated to University of Calicut	
Name of the Principal/Head of Institution – Dr. A. Biju Name of the Coordinator: Lathif Penath Email: principal.mesasmabi@gmail.com Phone No.: 9946238540	
Date:	Nature of Services rendered – Location – No. of Students – No. of Beneficiaries
15 th June 2021	
Team 1 – Sharing the Information of Hospital Management Services - Such as Availability of Beds (ICU, Ventilator), Covid Testing Centres, Covid Helpline numbers. Etc	1 Students shared Information through whatsapp.
	2 Help line numbers were provided to different local wards and panchayaths
	3 Coordination with District help line teams to gather information
	4 Guidance to the needy ones were provided through whatsapp
	5 Awareness posters has been created
	6. The team consisted of 7 volunteers
Team 2 – Sharing the Information of Non – Hospital Management Services – Such as Availability of Medical essentials , Availability of Oxygen, Concentrator's, Blood, Information of Vaccination Centres	1 helpline desk involving 7 students were formed at Kodungalloor, inorder to guide covid patients and relatives for medication and prevention of covid
	2. Students received 3 calls regarding the availability of medical essentials
	3 Awareness posters has been shared across groups
Team 3 – Giving Emotional Support (Psychosocial Support) Communicating with covid effected person on phone and covid effected family, etc	1 A team of 37 students under the guidance and supervision of Consultant Psychologist from the department of Psychology, MES ASMABI College
	2 Received calls from 3 Covid affected people
	3. Out of the three calls received , 1 patient was referred for further professional consultation
	4. Received calls from quarantined people, (12 calls). Volunteers attended the call and further follow up was directed as per need basis
Team 4 – Any other Services such as food distribution, masks distribution, Covid awareness, Covid	1 Team Consisting of 11 students were formed
	2. Awareness program related to mental health concerns and health concerns were conducted

To understand and provide Covid related services to the needy ones, the college, in association with NSS , Department of Psychology, Mahatma Gandhi National Council of Rural Education under MHRD and Swachata Action Plan provided Covid services to the needy ones on 15th June 2021.

Outcome

Participating in COVID-related services for the needy cultivates empathy, resilience, and a sense of responsibility during challenging times. Engaging in such activities not only provides practical assistance to those in need but also sensitizes students to the broader social issues

exacerbated by the pandemic. This hands-on experience contributes to their character development, fostering a commitment to social service and community well-being.

Psychological Awareness Classes

Post Covid School Reopening – Stress among school students

The Department of Psychology addressed student's stress with regard to post Covid school reopening and prepared them for a new start after the pandemic.



ക്ലാസ് സംഘടിപ്പിച്ചു

കുളിമുട്ടം: സ്കൂളുകളിൽ അധ്യയനം ആരംഭിക്കുന്നതിന് മുന്നോടിയായി വിദ്യാർത്ഥികളുടെ ഉത്കണ്ഠയും ആശങ്കയും അകറ്റുന്നതിനു വേണ്ടി മതിലകം ഗ്രാമപഞ്ചായത്ത് പതിമൂന്നാം വാർഡ് മെമ്പർ സഞ്ജയ് ശാർക്കരയുടെ നേതൃത്വത്തിൽ വിദ്യാർത്ഥികൾക്ക് ക്ലാസ് സംഘടിപ്പിച്ചു. വെമ്പല്ലൂർ എം.ഇ.എസ് അസ്മാബി കോളേജിലെ മാനസികാരോഗ്യ വിഭാഗവുമായി സഹകരിച്ചായിരുന്നു ക്ലാസ് സംഘടിപ്പിച്ചത്. ഊമന്തറ രാഗം റിക്രിയേഷൻ ക്ലബ്ബിൽ നടത്തിയ ക്ലാസുകൾ എം.ഇ.എസ് അസ്മാബി കോളേജിലെ സൈക്കോളജി വിഭാഗം മേധാവി ലത്തീഫ് പേനത്, അസിസ്റ്റന്റ് പ്രഫ. മിൻസില ഹിലാൽ എന്നിവർ നയിച്ചു. വാർഡ് കൺവീനർ മനോജ് പുനക്കത്തറ, സി. മറിയക്കുട്ടി എന്നിവർ നേതൃത്വം നൽകി.

Outcome

Organizing psychological awareness classes for school students as an extension activity can have a multifaceted impact. It sensitizes students to mental health issues, reduces stigma, and equips them with valuable coping strategies. This initiative fosters empathy, communication skills, and a heightened awareness of societal challenges

**തുറക്കുന്നു.....
വേണ്ട ആശങ്കയും ഉത്കണ്ഠയും.....**



ലത്തീഫ് പേനത്
Consultant psychologist &
Assistant professor
HOD, department of psychology
MES asmabi college

എം.ഇ.എസ് അസ്മാബി കോളേജ്
മാനസികാരോഗ്യ വിഭാഗം നൽകുന്ന
അവബോധന ക്ലാസ്സ്
5 - 12 വരെയുള്ള കുട്ടികൾക്കായി

രാഗം റിക്രിയേഷൻ ക്ലബ്ബ്
29-10-2021 വെള്ളിയാഴ്ച
2:00PM -3:00PM



മിൻസില ഹിലാൽ
Consultant psychologist &
Assistant professor,
Department of psychology
MES asmabi college

**സഞ്ജയ് ശാർക്കര
വാർഡ് 13
മതിലകം ഗ്രാമപഞ്ചായത്ത്**

'Biryani and Payasam challenge'



Food challenges were conducted to collect money for various charity purposes.

To collect money for the purchase of AC and other equipments for Buds Centre a Payasam Challenge was conducted by the Commerce Department .

A fund raising event, Biryani challenge was organised to provide financial assistance to a student for study trip



Outcome


Organizing a food challenge promotes teamwork, creativity, and organizational skills as students work together for a common cause. This initiative also raises awareness about food insecurity and the importance of charitable actions in addressing community needs. Through their involvement, students gain a deeper understanding of social issues, fostering empathy and a commitment to contributing positively to society. Overall, the food challenge for charity encourages well-rounded personal and social development among students.



Beat the Covid Campaign


**MES ASMABI COLLEGE
P. VEMBALLUR**
NSS UNITS 53 & 95
NSS and Department of Psychology associated
with MGNCRE

BEAT COVID CAMPAIGN




HOSPITAL MANAGEMENT
കോവിഡ് അനുബന്ധ
മെഡിക്കൽ സർവീസുകളെ പറ്റി
വിവരങ്ങൾ

☎ 9188022213




NON HOSPITAL MANAGEMENT
ദക്ഷണം മറ്റു അവശ്യ
സാധനങ്ങളുടെ
സേവനങ്ങളെ സംബന്ധിച്ച
വിവരങ്ങൾ

☎ 8848610501



PSYCHO-SOCIAL
മാതസിക സമർപ്പത്തിനു ടെലി
കൗൺസിലിംഗ്

☎ 9447482484



WELLNESS SUPPORT
പ്രതിരോധവും
പരിചരണവും കൃത്യമായ
അറിവിലൂടെ

☎ 9072353266

**IN ASSOCIATION WITH MGNRE-SAP
MINISTRY OF EDUCATION**

MES ASMABI COLLEGE, P. VEMBALLUR
NATIONAL SERVICE SCHEME
UNITS 53 & 95

**PSYCHO SOCIAL
SUPPORT TEAM**

കോവിഡ് ബാധിതരായ രോഗികൾക്കും
അവരുടെ ശുശ്രൂഷകർക്കും, മറ്റു അനുബന്ധ
കാരണങ്ങളാൽ ബുദ്ധിമുട്ടുന്നവർക്കും ടെലി
കൗൺസിലിംഗ്

Tele Counseling Service Available

COORDINATOR : LATHIF PENATH

HELPDESK NUMBERS

☎ 9946213290 ☎ 8086227896 ☎ 7902872067

IN ASSOCIATION WITH MGNRE - SAP
MINISTRY OF EDUCATION

MES Asmabi College organised Beat the Covid campaign in association with Mahatma Gandhi National Council of Rural Education under MHRD, Swachhta Action Plan to provide Covid services to the needy ones

Outcome

"Beat the COVID" campaign enhances the students awareness of public health issues, cultivates a sense of responsibility, and provides practical experience in community engagement. Students actively participating in such a campaign contribute to the collective effort against the pandemic, fostering a spirit of unity and resilience. This experience sensitizes them to broader social issues, encouraging empathy and a commitment to societal well-being, thus promoting a more holistic personal development.

Certificate of Recognition

This is to recognize MES Asmabi College, P. Vemballur as a member of Beat Covid Campaign initiative of Mahatma Gandhi National Council of Rural Education, Hyderabad. The institution has constituted five student volunteer teams in the areas of Hospital Management, Non Hospital Management, Support to Covid affected families, Medical Supplies, Psychosocial support to Covid patients and their family members, rendered valuable services during the pandemic.

Dr. W G Prasanna Kumar
Chairman

Mahatma Gandhi National Council of Rural Education
Department of Higher Education, Ministry of Education
Government of India

Covid Treatment Centre

College hostel and Auditorium acted as a Covid treatment centre during the pandemic period. Management arranged all facilities to convert it into covid Treatment Centre.



Outcome

Establishing a COVID treatment center provides practical experience in crisis response, teamwork, and healthcare management. This initiative not only addresses a critical societal need but also sensitizes students to the broader issues related to public health and community welfare. Involvement in such an activity fosters a sense of responsibility, empathy, and a commitment to making a positive impact on society, contributing significantly to the students' overall personal and social development.

Grocery Kit Distribution.

As part of Covid relief activities, grocery kit was distributed by the college in association with Teachers' organisation to auto drivers, funded with Rs 20,000. During Onam vacation also college distributed Grocery packets to needy people



Outcome

Distributing free grocery packages to the underprivileged in the college and society cultivates empathy, awareness of economic disparities, and a sense of social responsibility. Students actively participating in such activities contribute directly to community welfare, fostering a spirit of generosity and compassion. The experience sensitizes them to societal issues, encouraging a commitment to making a positive difference. Overall, the extension activity promotes well-rounded personal and social development among students.



Production and Distribution of Sanitizers



The Department of Chemistry prepared sanitizers and distributed it in the neighbourhood during the COVID-19 pandemic.

Outcome

Engaging in the production and distribution of sanitizer during the COVID-19 pandemic instills a sense of social responsibility, teamwork, and crisis management skills. Students actively involved in this initiative contribute directly to public health and safety, fostering a heightened awareness of community needs. The experience sensitizes them to broader social issues, encourages empathy, and reinforces the importance of collective action during challenging times, thus promoting well-rounded personal and social development among students.

5. Anti Drug Initiatives

Awareness Class to School & College Students



Outcome

Conducting anti-drug awareness raises awareness about the dangers of substance abuse, promotes a healthy lifestyle, and develops strong communication and leadership skills in participating students. By actively engaging in efforts to address drug-related issues, students contribute to community well-being and safety. This experience sensitizes them to the broader social issues related to addiction and mental health, fostering empathy and a commitment to promoting a drug-free environment. Overall, the extension activity encourages well-rounded personal and social development among students.

Poster Exhibition in Kodungallur Town



Awareness Bicycle Rally by NCC cadets



Street Play Against Drug Abuse



Anti Drugs Awareness Human Chain in Association with Sister Institutions

 എം.ഇ.എസ്. തൃശ്ശൂർ ജില്ലാ കമ്മിറ്റിയും
എം.ഇ.എസ്. സ്ഥാപനങ്ങളും
ചേർന്ന് സംഘടിപ്പിക്കുന്ന

ലഹരിവിരുദ്ധ മനുഷ്യപ്രയത്നങ്ങൾ

പൊക്ലായ്-അഞ്ചങ്ങാടി

2022
നവംബർ 1
ചൊവ്വ വൈകിട്ട്
3 മണിക്ക്

ലഹരിവിരുദ്ധ പ്രതിജ്ഞ
ലഹരിവിരുദ്ധ സന്ദേശം
തെരുവു നാടകം

ഉദ്ഘാടനം
ബഹു. ഇ.ടി.സൈസൺ മാസ്റ്റർ എം. എൽ. എ

പങ്കെടുക്കുന്ന സ്ഥാപനങ്ങൾ
എം.ഇ.എസ്. അസ്മാബി കോളേജ്
എം.ഇ.എസ്. ഹയർസെക്കൻററി സ്കൂൾ
എം.ഇ.എസ്.പബ്ലിക് സ്കൂൾ
എം.ഇ.എസ്.എഫ്. ആർ.യു.പി.സ്കൂൾ



7. Our Best Practice

Experiential learning through Community intervention



BEST PRACTICES 1

EXPERIA

EXPERIENTIAL LEARNING THROUGH
COMMUNITY INTERVENTION



MES ASMABI COLLEGE,
P.VEMBALLUR

EXPERIA

One of the best Practice of MES Asmabi College is 'EXPERIA'- Experimental learning through community intervention, which offers students a dynamic and hands-on approach to education. By actively engaging with local communities, students not only gain practical experience but also develop a deep understanding of real-world challenges. Whether it's organizing health camps, environmental initiatives, or educational programs, students navigate complexities, collaborate with diverse stakeholders, and witness the direct impact of their efforts. This experiential learning fosters critical thinking, problem-solving skills, and a profound sense of social responsibility. Through community intervention, students transcend traditional classroom boundaries, immersing themselves in the complexities of societal issues, and emerge with a more holistic understanding of the world around them.