

MES ASMABI COLLEGE, P.VEMBALLUR

Specific facilities provided for women

- a) **Safety and Security:** An effective women cell is functioning in the college including all the girls and teachers. A minimum of five programs are conducted in a year for the uplift of women. These programmes are intended to impart guidelines and awareness on women safety and security. In the undergraduate level common course for English, a module is especially devoted to gender related issues which is taught in all classes. The syllabus thus conscientises students on safety and security measures. Many girls avail different scholarships provided by state and central governments which ensure financial stability to students. Apart from government sponsored scholarships our students are provided scholarships from stakeholders like PTA, Alumni and MES. Fair number of girls participates in different activities like NCC, NSS and clubs like ED club, nature club, readers' forum, Bhoomitrasena club, legal literacy club, Science forum which ensure their personality enhancement. Workshops are conducted by NSS in association with HEPSN and other clubs of our college on the rights of women. Debates are regularly organized by Research Department of Botany and NSS on the rights of forest people, specifically focusing on health issues and education of tribal women. Dramas, skits, flashmobs, legal awareness programmes are organised to make the students aware about the atrocities against women and to enable them to defend themselves from such incidents. Physical education department is giving ample opportunities for girls to participate in different kinds of sports and games. CCTV cameras are installed in the main centres of the college, covering almost all areas to ensure safety and security of students. Hostel facility is being provided for girls, so that a number of girls from other districts and other states can be a part of our institution. Ragging is strictly prohibited in the college campus and an efficient anti ragging cell is functioning in the college.
- b) **Counselling:** A very effective 'Grievance Redressal cell' is functioning in our college to cater to the needs, problems and concerns of girls. Awareness programs on hygiene, legal rights, self-defence training programs, leadership training programs are regularly organized by the institution to ensure the safety and security of girls. Health checkups and yoga classes are regularly organized to ensure physical and mental stability. The counselling centre working under the Psychology department is paying due attention to resolve the issues of women. Special time is allotted weekly for the girls to consult the counsellors. Workshops on life skills, work-life balance, and entrepreneurial skills are organized by the college for the empowerment of women. A number of our girls are undergoing skill development training under Additional Skill Acquisition Program which is an initiative of Higher Education Council, government of Kerala.
- c) **Common Room:** A common room is allotted for girls to relax and rejuvenate themselves in times of physical or mental stress. Sufficient number of toilets has been provided in the college. The common room serves as a platform to equip our students with different amenities.



Ladies Hostel



Girls Retiring Room